# COVERING MOVES AND KIRBY CALCULUS 

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#### Abstract

We show that simple coverings of $B^{4}$ branched over ribbon surfaces up to certain local ribbon moves bijectively represent orientable 4-dimensional 2 -handlebodies up to handle sliding and addition/deletion of cancelling handles. As a consequence, we obtain an equivalence theorem for simple coverings of $S^{3}$ branched over links, in terms of local moves. This result generalizes to coverings of any degree results by the second author and Apostolakis, concerning respectively the case of degree 3 and 4. We also provide an extension of our equivalence theorem to possibly non-simple coverings of $S^{3}$ branched over embedded graphs.

This work represents the first part of our study of 4-dimensional 2 -handlebodies. In the second part [9], we factor such bijective correspondence between simple coverings of $B^{4}$ branched over ribbon surfaces and orientable 4-dimensional 2-handlebodies through a map onto the closed morphisms in a universal braided category freely generated by a Hopf algebra object.


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## Introduction

In the early 70's Hilden [17, 18], Hirsch [19] and Montesinos [28, 29] independently proved that every closed connected oriented 3 -manifold can be represented as a 3-fold simple covering of $S^{3}$ branched over a link. Successively, Montesinos [31] obtained an analogous representation of any connected oriented 4 -manifold admitting a finite handlebody decomposition with handles of indices $\leq 2$ as a simple 3 -fold covering of $B^{4}$ branched over a possibly non-orientable ribbon surface. Actually, the branching surface can always be made orientable as we remark at the end of Section 2 (cf. [26, 39] for other constructions giving directly orientable ribbon surfaces).

The problem of finding moves relating any two such covering representations of the same manifold was first considered by Montesinos. For the 3 -dimensional case, in [34] he proposed the two local moves $M_{1}$ and $M_{2}$ of Figure 1, where $i, j, k$ and $l$ are all distinct, in terms of branching links and monodromy. Here, as well as in all the following pictures of moves, we draw only the part of the labelled branching set inside the relevant cell, assuming it to be fixed outside this cell.

$\xrightarrow{M_{1}}$

 $\xrightarrow{M_{2}}$


Figure 1.

It is worth observing that the inverse move $M_{1}^{-1}$ can be realized, up to labelled isotopy, by a composition of two moves $M_{1}$. We leave this easy exercise to the reader, referring to Figure 11 of [38] for the solution. On the other hand the inverse move $M_{2}^{-1}$ coincides up to isotopy with the move $M_{2}$, becoming distinct from it only after an orientation is fixed on the branching link.

A complete set of moves for 3 -fold simple coverings of $S^{3}$ branched over a link was given in [37] by the second author. Such moves are non-local, but in [38] the local moves $M_{1}$ and $M_{2}$ are shown to suffice after stabilization with a fourth trivial sheet. In [38] the question was also posed, whether these local moves together with stabilization suffice for covering representations of arbitrary degree. Recently, Apostolakis [4] answered this question positively for coverings of degree 4.




Figure 2.

In this paper, we derive the solution of the moves problem for arbitrary degree simple coverings of $S^{3}$ branched over links (cf. Theorem 3), from an equivalence theorem for simple coverings of $B^{4}$ branched over ribbon surfaces, that relates the local ribbon moves $R_{1}$ and $R_{2}$ of Figure 2, where $i, j, k$ and $l$ are all distinct, with the 4 -dimensional Kirby calculus (cf. Theorem 1). In particular, our result does not depend on the partial ones of [37], [38] and [4].

Analogously to the Montesinos moves, also these ribbon moves generate their inverses up to labelled isotopy (cf. Proposition 2.5). This is obvious for the move $R_{1}$, if we think of it as rotation of $120^{\circ}$ (followed by relabelling), being $R_{1}^{-1}=R_{1}^{2}$. We leave to the reader to verify that $R_{2}^{-1}$ coincide with $R_{2}$ up to labelled isotopy (they become distinct once the branching ribbon surface is oriented).

Given a connected simple covering $p: M \rightarrow B^{4}$ branched over a ribbon surface $F \subset B^{4}$, we have that any 2-dimensional 1-handlebody structure on $F$ induces a 4-dimensional 2-handlebody structure on $M$ (see Section 1 for the definition of $m$ dimensional $n$-handlebody). In fact, the simple covering of $B^{4}$ branched over the disjoint union of trivial disks $F_{0}$, representing the 0 -handles of $F$, can be easily seen to be a 4 -dimensional 1-handlebody $M_{1}$. Moreover, following [31] (cf. also [20]), any 1-handle of $F$ attached to $F_{0}$ corresponds to a 2-handle of $M$ attached to $M_{1}$.

In Section 2 we show that handle sliding and handle cancellation in $F$ give raise to analogous modifications in $M$. Therefore, the 2-handlebody structure of $M$ turns out to be uniquely determined by the labelled ribbon surface $F$ up to 2-equivalence, that is up to handle sliding and addition/deletion of cancelling pairs of handles of indices $\leq 2$ (cf. Section 1). In other words, any simple covering of $B^{4}$ branched over a ribbon surface represents a well defined 2-equivalence class of 4-dimensional 2-handlebodies.

The main result of Montesinos [31] is that any connected oriented 4-dimensional 2 -handlebody $M$ has a 3 -fold branched covering representation as above. The corresponding labelled ribbon surface $F$, with the right 2-dimensional 1-handlebody structure, is obtained from a Kirby diagram of $M$, after it has been suitably symmetrized with respect to a standard 3 -fold simple covering representation of $M_{1}$.

In Section 3 (see also Remark 4.4) we give a different construction of the labelled ribbon surface $F$, similar to that one of labelled links given in [32] for 3-manifolds (cf. Remark 3.4). Our construction is simpler and more effective than the Montesinos one, is canonical up to ribbon moves and better preserves the structure of the starting Kirby diagram, allowing us to interpret the Kirby calculus in terms of ribbon moves.

At this point, we are ready to state our first theorem. In substance, it asserts that simple coverings of $B^{4}$ branched over ribbon surfaces up to certain local isotopy moves, stabilization and ribbon moves $R_{1}$ and $R_{2}$ bijectively represent 4-dimensional 2 -handlebodies up to 2 -equivalence. For the sake of simplicity, we consider only the connected case. Nevertheless, as we remark at the end of this introduction, the statement essentially holds in the general case too, with an appropriate adjustment of the lower bound for the stabilization degree (cf. Proposition 4.5).

THEOREM 1. Two connected simple coverings of $B^{4}$ branched over ribbon surfaces represent 2-equivalent 4-dimensional 2-handlebodies if and only if after stabilization to the same degree $\geq 4$ their labelled branching surfaces can be related by labelled 1-isotopy and a finite sequence of moves $R_{1}$ and $R_{2}$.

The definition of 1-isotopy is given in Section 1. Here, we limit ourselves to saying that it is essentially generated by the local isotopy moves shown in Figure 3 (cf. Proposition 1.3). We do not know whether 1-isotopy coincides with isotopy of ribbon surfaces (see discussion in Sections 1 and 5). Anyway, we have 1-isotopy instead of isotopy in the statement of Theorem 1, due to Lemma 2.3. The proof of the theorem is achieved in Section 4, as a consequence of the above mentioned covering representation of Kirby calculus. The other main ingredients are Propositions 4.2 and 4.3.


Figure 3.

Now, in order to deal with 3-manifolds, we need to introduce the further moves depicted in Figures 4 and 5. As we see in Section 4, these moves allow us to realize respectively positive/negative blow up and handle trading. In particular, they are not covering moves in the sense defined in Section 1, since they change the covering 4 -manifold. On the other hand, they do not change the restriction of the covering over $S^{3}$, leaving the boundary of the branching surface fixed up to isotopy.

The next theorem, whose proof is given in Section 4, tells us that these last moves together with their inverses and the previous ribbon moves suffice to completely represent the Kirby calculus for 3-manifolds. Notice that here, differently from the statement of Theorem 1, labelled isotopy can be equivalently used instead of labelled 1 -isotopy, since it preserves the covering manifold up to diffeomorphism.

THEOREM 2. Two connected simple coverings of $B^{4}$ branched over ribbon surfaces represent 4-manifolds with diffeomorphic oriented boundaries if and only if
after stabilization to the same degree $\geq 4$ their labelled branching surfaces can be related by labelled isotopy and a finite sequence of moves $R_{1}, R_{2}, P_{ \pm}^{ \pm 1}$ and $T^{ \pm 1}$.

(i j)

(i j)
$\xrightarrow{P_{+}}$

(i j) $\xrightarrow[\sim]{P_{-}}$


Figure 4.


Figure 5.
By focusing on the boundary, we observe that the restrictions of the ribbon moves $R_{1}$ and $R_{2}$ to $S^{3}$ can be realized respectively by Montesinos moves $M_{1}$ and $M_{2}$. This is shown in Figure 6 for move $R_{1}$, while it is trivial for move $R_{2}$. In both cases we can apply two Montesinos moves inverse to each other (with respect to any local orientation of the link as boundary of the surface, for move $M_{2}$ ).

( $j k$ )

( $j k$ )

( $j k$ )

Figure 6.
This observation allows us to derive from Theorem 2 the following theorem for simple covering of $S^{3}$ branched over links.

Theorem 3. Two connected simple coverings of $S^{3}$ branched over links represent diffeomorphic oriented 3-manifolds if and only if after stabilization to the same degree $\geq 4$ their labelled branching links can be related by labelled isotopy and a finite sequence of moves $M_{1}$ and $M_{2}$.

We prove Theorem 3 in Section 4, as a consequence of Proposition 4.7. This says that any labelled link representing a simple branched covering of $S^{3}$ can be transformed through Montesinos moves into the boundary of a labelled ribbon surface representing a simple branched covering of $B^{4}$.

Finally, we want to extend Theorem 3 to arbitrary branched coverings of $S^{3}$. To do that, we introduce the moves $S_{1}$ and $S_{2}$ depicted in Figure 7. Here, the branching set is allowed to be singular and the monodromy is not necessarily simple. In fact, $\sigma_{1}$ and $\sigma_{2}$ are any permutations, coherent in the sense defined Section 1 , and $\sigma=\sigma_{1} \sigma_{2}$. This is the reason why we need to specify orientations for the arcs or equivalently positive meridians to which the monodromies refer.




Figure 7.
Our last theorem is the wanted extension of Theorem 3. Its proof, given in Section 4, is based on the fact that moves $S_{1}$ and $S_{2}$ suffice to make simple any branched covering of $S^{3}$ and to remove all the singularities from its branching set.

Theorem 4. Two connected coverings of $S^{3}$ branched over a graph represent diffeomorphic oriented 3-manifolds if and only if after stabilization to the same degree $\geq 4$ their branching graphs can be related by labelled isotopy and a finite sequence of moves $M_{1}, M_{2}, S_{1}^{ \pm 1}, S_{2}^{ \pm 1}$.

We notice that all the above theorems could be easily reformulated to deal with non-connected branched coverings too. Since everything can be done componentwise, possibly after labelling conjugation, it obviously suffice to stabilize the coverings to have the same number of sheets $\geq 4$ for corresponding components. Moreover, as will be clear at the end of Section 4, the total degree can be lowered to $3 c+1$, where $c$ is the maximum number of components of the two coverings, if we allow stabilization/destabilization at intermediate stages (cf. Proposition 4.5).

In conclusion, it is also worth remarking that our results, beyond establishing a strong relation between branched covering presentations and Kirby diagrams of 3- and 4-manifolds, also provide an effective way to pass from one to the other. We discuss this aspect in Section 5.

## 1. Preliminaries

Before going into details, we fix some general notations and conventions about handlebodies, that will be used in various contexts in the following. We refer to [14] or [23] for all the definitions and basic results not explicitly mentioned here.

We recall that an $i$-handle of dimension $m$ is a copy $H^{i}$ of $B^{i} \times B^{m-i}$ attached to the boundary of an $m$-manifold $M$ by an embedding $\varphi: S^{i-1} \times B^{m-i} \rightarrow \operatorname{Bd} M$. The two balls $B^{i} \times\{0\}$ and $\{0\} \times B^{m-i}$ in $M^{\prime}=M \cup_{\varphi} H^{i}$ are called respectively the core and the cocore of $H^{i}$, while their boundaries $S^{i-1} \times\{0\}$ and $\{0\} \times S^{m-i-1}$ are called the attaching sphere and the belt sphere of $H^{i}$. Inside $H^{i}$, longitudinal means parallel to the core and transversal means parallel to the cocore. Up to isotopy, the attaching map $\varphi$ is completely determined by the attaching sphere together with its framing in $\mathrm{Bd} M$, given by $S^{i-1} \times\{*\}$ for any $* \in B^{m-i}-\{0\}$.

Then, an $n$-handlebody of dimension $m$ is defined by induction on $n$ to be obtained by simultaneously smoothly attaching a finite number of $n$-handles to an ( $n-1$ )-handlebody of the same dimension $m$, starting with a disjoint union of 0 -handles for $n=0$.

By a well known result of Cerf [10] (cf. [14] or [23]), two handlebodies of the same dimension are diffeomorphic (forgetting their handle structure), if and only if they can be related by a finite sequence of the following modifications: 1) isotoping the attaching map of $i$-handles; 2) adding/deleting a pair of cancelling handles, that is a $i$-handle $H^{i}$ and a $(i+1)$-handle $H^{i+1}$, such that the attaching sphere of $H^{i+1}$ intersects the belt sphere of $H^{i}$ transversally in a single point; 3) handle sliding of one $i$-handle $H_{1}^{i}$ over another one $H_{2}^{i}$, that means pushing the attaching sphere of $H_{1}^{i}$ through the belt sphere of $H_{2}^{i}$.

We call $k$-deformation any finite sequence of the above modifications such that at each stage we have an $n$-handlebody with $n \leq k$, that is we start from a $n$ handlebody with $n \leq k$ and never add any cancelling $i$-handle with $i>k$. Furthermore, we call $k$-equivalent two handlebodies related by a $k$-deformation.

In particular, any compact surface with non-empty boundary has a 1-handlebody structure and any two such structures are easily seen to be 1-equivalent (cf. proof of Proposition 1.2).

The other relevant case for our work is that of orientable 4-manifolds (with nonempty boundary) admitting a 4-dimensional 2 -handlebody structure. Any two such structures are 3 -equivalent, but whether they are 2 -equivalent is a much more subtle open question, which is expected to have negative answer (cf. Section I. 6 of [23] and Section 5.1 of [14]). This question seems to be strongly related to the problem of finding isotopy moves for ribbon surfaces in $B^{4}$. In fact, as we will see, 4 -dimensional $2 / 3$-deformations correspond by means of branched coverings to regularly embedded 2-dimensional 1/2-deformations of branching surfaces in $B^{4}$ (cf. Proposition 2.2 and the discussion in Section 5).

## Links

As usual, we represent a link $L \subset R^{3} \subset R^{3} \cup \infty \cong S^{3}$ by a planar diagram $D \subset R^{2}$, consisting of the orthogonal projection of $L$ into $R^{2}$, that can be assumed self-transversal after a suitable horizontal (height preserving) isotopy of $L$, with a crossing state for each double point, telling which arc passes over the other one.

Such a diagram $D$ uniquely determines $L$ up to vertical isotopy. On the other hand, link isotopy can be represented in terms of diagrams by crossing preserving isotopy in $R^{2}$ and Reidemeister moves.

A link $L$ is called trivial if it bounds a disjoint union of disks in $R^{3}$. It is well known that any link diagram $D$ can be transformed into a diagram $D^{\prime}$ of a trivial link by suitable crossing changes, that is by inverting the state of some of its crossings. We say that $D^{\prime}$ is a trivial state of $D$. Actually, any non-trivial link diagram $D$ has many trivial states, but it is not clear at all how they are related to each other. For this reason, we are lead to introduce the more restrictive notions of vertically trivial link and vertically trivial state of a link diagram.

We say that a link $L$ is vertically trivial if it meets any horizontal plane (parallel to $R^{2}$ ) in at most two points belonging to the same component. In this case, the height function separates the components of $L$ (that is the height intervals of different components are disjoint), so that we can vertically order the components of $L$ according to their height. Moreover, each component can be split into two arcs on which the height function is monotone, assuming the only unique minimum and maximum values at the common endpoints. Then, all the (possibly degenerate) horizontal segments spanned by $L$ in $R^{3}$ form a disjoint union of disks bounded by $L$. This proves that $L$ is a trivial link.

By a vertically trivial state of a link diagram $D$ we mean any trivial state of $D$ which is the diagram of a vertically trivial link. A vertically trivial state $D^{\prime}$ of $D$ can be constructed by the usual naive unlinking procedure: 1) number the components of the link $L$ represented by $D$ and fix on each component an orientation and a starting point away from crossings; 2) order the points of $L$ lexicographically according to the numbering of the components and then to the starting point and the orientation of each component; 3) resolve each double point of $D$ into a crossings of $D^{\prime}$ by letting the arc which comes first in the order pass under the other one. The link $L^{\prime}$ represented by $D^{\prime}$ can be clearly assumed to be vertically trivial, considering on it a height function which preserves the order induced by the vertical bijection with $L$ except for a small arc at the end of each component. Figure 8 (a) shows how the height function of a component looks like with respect to a parametrization having the starting point and the orientation fixed above. Keeping the parametrization fixed but changing the starting point or the orientation we get different height functions as in Figures 8 (b) and (c) respectively.


Figure 8.
Notice that the above unlinking procedure gives us only very special vertically trivial states. While it is clear how to pass from (a) to (b), by moving the starting point along the component, going from (a) to (c) turns out to be quite mysterious without considering generic vertically trivial states. The height function of a
component for such a state, with respect to a parametrization starting from the unique minimum point, looks like in Figure $8(d)$, that is apparently an intermediate state between (a) and (c). The following proposition settles the problem of relating different vertically trivial states of the same link diagram.

Proposition 1.1. Any two vertically trivial states $D^{\prime}$ and $D^{\prime \prime}$ of a link diagram $D$ are related by a sequence $D_{0}, D_{1}, \ldots, D_{n}$ of vertically trivial states of $D$, such that $D_{0}=D^{\prime}, D_{n}=D^{\prime \prime}$ and, for each $i=1, \ldots, n, D_{i}$ is obtained from $D_{i-1}$ by changing a single self-crossing of one component or by changing all the crossings between two vertically adjacent components.

Proof. Since the effect of changing all the crossings between two vertically adjacent components is the transposition of these components in the vertical order, by iterating this kind of modification we can permute as we want the vertical order of all the components. Hence, we only need to address the case of a knot diagram.

Given a knot diagram $D \subset R^{2}$ with double points $x_{1}, \ldots, x_{n} \in R^{2}$, we consider a parametrization $f: S^{1} \rightarrow D$ and denote by $t_{i}^{\prime} t_{i}^{\prime \prime} \in S^{1}$ the two values of the parameter such that $f\left(t_{i}^{\prime}\right)=f\left(t_{i}^{\prime \prime}\right)=x_{i}$, for any $i=1, \ldots, n$.

For any smooth knot $K \subset R^{3}$ which projects to a vertically trivial state of $D$, let $f_{K}: S^{1} \rightarrow R^{3}$ be the parametrization of $K$ obtained by lifting $f$ and $h_{K}: S^{1} \rightarrow R$ be the composition of $f_{K}$ with the height function. Then, $h_{K}$ is a smooth function with the following properties: 1) $h_{K}$ has only one minimum and one maximum; 2) $h_{K}\left(t_{i}^{\prime}\right) \neq h_{K}\left(t_{i}^{\prime \prime}\right)$, for any $i=1, \ldots, n$. In this way, the space of all smooth knots which project to vertically trivial states of $D$ can be identified with the space of all smooth functions $h: S^{1} \rightarrow R$ satisfying properties 1 and 2 .

Now, the space $\mathcal{S}$ of all smooth functions $h: S^{1} \rightarrow R$ satisfying property 1 is clearly pathwise connected, while the complement $\mathcal{C} \subset \mathcal{S}$ of property 2 is a closed codimension 1 stratified subspace. Therefore, if $K^{\prime}$ and $K^{\prime \prime}$ are knots projecting to the vertically trivial states $D^{\prime}$ and $D^{\prime \prime}$, then we can join $h_{K^{\prime}}$ and $h_{K^{\prime \prime}}$ by a path in $\mathcal{S}$ transversal with respect to $\mathcal{C}$. This, path gives rise to a finite sequence of self-crossing changes as in the statement, one for each transversal intersection with $\mathcal{C}$.

We remark that the singular link between two consecutive vertically trivial states, obtained from each other by a single self-crossing change, is trivial. Namely, the unique singular component spans a 1-point union of two disks, disjoint from all the other components. This fact, which will play a crucial role in the proof of Proposition 3.1, follows from [42] but can also be easily proved directly by inspection.

## Ribbon surfaces

A smooth compact surface $F \subset B^{4}$ with $\operatorname{Bd} F \subset S^{3}$ is called a ribbon surface if the Euclidean norm restricts to a Morse function on $F$ with no local maxima in $\operatorname{Int} F$. Assuming $F \subset R_{-}^{4} \subset R_{-}^{4} \cup\{\infty\} \cong B^{4}$, this property is topologically equivalent to the fact that the fourth Cartesian coordinate restricts to a Morse height function on $F$ with no local maxima in $\operatorname{Int} F$. Such a surface $F \subset R_{-}^{4}$ can be horizontally (preserving the height function) isotoped to make its orthogonal projection into $R^{3}$ a self-transversal immersed surface, whose double points form disjoint arcs as in Figure 9.


Figure 9.
We will refer to such a projection as a 3 -dimensional diagram of $F$. Actually, any immersed compact surface $F \subset R^{3}$ with no closed components and all selfintersections of which are as above, is the diagram of a ribbon surface uniquely determined up to vertical isotopy. This can be obtained by pushing $\operatorname{Int} F$ down inside Int $R_{-}^{4}$ in such a way that all self-intersections disappear.

In the following, ribbon surfaces will be always represented by diagrams and considered up to vertical isotopy. Moreover, we will use the same notations for a ribbon surface and for its diagram in $R^{3}$, disregarding the projection. By the above observation there will be no danger of confusion, provided that the ambient space is clear.

Since a ribbon surface $F$ has no closed components, it admits a handlebody decomposition $F=H_{1}^{0} \cup \ldots \cup H_{m}^{0} \cup H_{1}^{1} \cup \ldots \cup H_{n}^{1}$ with only 0 - and 1-handles. Such a 1-handlebody decomposition is called adapted, if each ribbon self-intersection involves an arc contained in the interior of a 0-handle and a proper transversal arc inside a 1-handle. (cf. [41]).

By an embedded 2-dimensional 1-handlebody we mean a ribbon surface endowed with an adapted 1-handlebody decomposition as above. Looking at the diagram, we have that the $H_{i}^{0}$ 's are disjoint non-singular disks, while the $H_{j}^{1}$ 's are non-singular bands attached to the $H_{i}^{0}$ 's and possibly passing across them as shown in Figure 9 . Moreover, we can think of $F$ as a smooth perturbation of the boundary of $\left(\left(H_{1}^{0} \cup \ldots \cup H_{m}^{0}\right) \times[0,-1]\right) \cup\left(\left(H_{1}^{1} \cup \ldots \cup H_{n}^{1}\right) \times[0,-1 / 2]\right)$, in such a way that the handlebody decomposition is induced by the height function.

We say that two embedded 2-dimensional 1-handlebodies are equivalent up to embedded 1-deformation, or briefly that they are 1-equivalent, if they are related by a finite sequence of the following modifications:
(a) adapted isotopy, that is isotopy of 1-handlebodies in $R^{4}$, all adapted except for a finite number of intermediate critical stages, at which one of the modifications described in Figure 10 takes place (between any two such critical stages, we have isotopy of diagrams in $R^{3}$, preserving ribbon intersections);
(b) ribbon intersection sliding, allowing a ribbon intersection to run along a 1-handle from one 0-handle to another one, as shown in Figure 11;
(c) embedded 0/1-handles operations, that is addition/delection of cancelling pairs of 0/1-handles and embedded 1-handle slidings (see Figure 12).

We observe that the second modification of Figure 10 is actually redundant in presence of the handle operations of Figure 12 (cf. proof of Proposition 1.3).


Figure 10.


Figure 11.


Figure 12.
It is also worth noticing that no twist appears in the 1-handle $H_{k}^{1}$ of Figures 11 and 12 , since $H_{i}^{0}$ and $H_{j}^{0}$ can be assumed to be distinct in all the cases, up to addition/delection of cancelling pairs of $0 / 1$-handles, where they are always distinct.

Proposition 1.2. All the adapted 1-handlebody decompositions of a given ribbon surface are 1-equivalent as embedded 2-dimensional 1-handlebodies. More precisely, they are related to each other by the special cases without vertical disks of the moves of Figures 11 and 12, realized (up to isotopy of diagrams) in such a way that the surface is kept fixed.

Proof. First of all, we observe that the moves specified in the statement allow us to realize the following two modifications: 1) split a 0 -handle along any regular arc avoiding ribbon intersections in the diagram, into two 0 -handles joined by a new 1-handle; 2) split a 1-handle at any transversal arc avoiding ribbon intersections in the diagram, into two 1 -handles, by inserting a new 0 -handle along it. We leave the straightforward verification of this to the reader.

Let $F=H_{1}^{0} \cup \ldots \cup H_{m}^{0} \cup H_{1}^{1} \cup \ldots \cup H_{n}^{1}=\bar{H}_{1}^{0} \cup \ldots \cup \bar{H}_{\bar{m}}^{0} \cup \bar{H}_{1}^{1} \cup \ldots \cup \bar{H}_{\bar{n}}^{1}$ be any two 1-handlebody decompositions of a ribbon surface $F$, which we denote respectively by $H$ and $\bar{H}$. After having suitably split the 1 -handles, we can assume that any 1-handle contains at most one ribbon self-intersection of $F$ and that this coincides with its cocore. Up to isotopy, we can also assume that the 1-handles of $H$ and $\bar{H}$ whose cocore is the same self-intersection arc coincide. Let $H_{1}=\bar{H}_{1}, \ldots$, $H_{k}=\bar{H}_{k}$ be these 1-handles. Then, it suffices to see how to make the remaining 1-handles $H_{k+1}^{1}, \ldots, H_{n}^{1}$ into $\bar{H}_{k+1}^{1}, \ldots, \bar{H}_{\bar{n}}^{1}$, without changing $H_{1}^{1}, \ldots, H_{k}^{1}$.

Calling $\eta_{i}$ (resp. $\bar{\eta}_{j}$ ) the cocore of $H_{i}^{1}$ (resp. $\bar{H}_{j}^{1}$ ), we have $\eta_{1}=\bar{\eta}_{1}, \ldots, \eta_{k}=\bar{\eta}_{k}$, while the $\operatorname{arcs} \eta_{k+1}, \ldots, \eta_{n}$ can be assumed to be transversal with respect to the arcs $\bar{\eta}_{k+1}, \ldots, \bar{\eta}_{\bar{n}}$. Up to isotopy, we can think of each 1-handle as a tiny regular neighborhood of its cocore, so that the intersection between $H_{k+1}^{1} \cup \ldots \cup H_{n}^{1}$ and $\bar{H}_{k+1}^{1} \cup \ldots \cup \bar{H}_{\bar{n}}^{1}$ consists only of a certain number $h$ of small four-sided regions.

We eliminate all these intersection regions in turn, by pushing them outside $F$ along the $\bar{H}_{j}^{1}$ 's. This is done by performing on $H$ moves of the types specified in the statement, as suggested by the following Figure 13, which concerns the $l$-th elimination. Namely, in (a) we assume that the intersection is the first one along $\bar{\eta}_{j}$ starting from $\operatorname{Bd} F$, then we generate the new 1 -handle $H_{n+l}^{1}$ by 0 -handle splitting to get (b), finally $(c)$ is obtained by handle sliding.

(a)

(b)

(c)

Figure 13.
After that, $H$ has been changed into a new handlebody decomposition $H^{\prime}$ with 1-handles $H_{1}^{1}, \ldots, H_{n+h}^{1}$, such that $H_{i}^{1}$ is the same as above for $i \leq k$, while it is disjoint from the $\bar{H}_{j}^{1}$ 's for $i>k$. Hence, $H_{1}^{1}, \ldots, H_{k}^{1}, H_{k+1}^{1}, \ldots, H_{n+h}^{1}, \bar{H}_{k+1}^{1}, \ldots, \bar{H}_{\bar{n}}^{1}$ can be considered as the 1-handles of a handlebody decomposition of $F$ which can be obtained from both $H^{\prime}$ and $\bar{H}$ by 0 -handle splitting.

Now, forgetting the 1-handlebody structure, 1-equivalence of embedded 2-dimensional 1-handlebodies induces an equivalence relation between ribbon surfaces, that we call 1-isotopy. More precisely, two ribbon surfaces are 1-isotopic if and only if they admit 1-equivalent 1-handlebody decompositions. By the above proposition, this implies that actually all their 1-handlebody decompositions are 1-equivalent.

Of course 1-isotopy implies isotopy, but the converse is not known. In fact, the problem of finding a complete set of moves representing isotopy of ribbon surfaces is still open. We will come back to this delicate aspect later.

As we anticipated in the Introduction, the next proposition says that 1-isotopy is generated by the local isotopy moves of Figure 3, up to diagram isotopy in $R^{3}$, that means isotopy preserving ribbon intersections.

Proposition 1.3. Two ribbon surfaces are 1 -isotopic if and only if they can be related by a finite sequence of diagram isotopies and moves $I_{1}, \ldots, I_{4}$ and their inverses.

Proof. On the one hand, we have to realize the modifications of Figures 10, 11 and 12 , disregarding the handlebody structure, by moves $I_{1}, \ldots, I_{4}$ and their inverses. Of course, it is enough to do that in one direction, say from left to right. Proceeding in the order: one move $I_{1}$ suffices for the upper part of Figure 10, while the lower part can be obtained by combining one move $I_{2}$ with one move $I_{3}$; Figure 11 requires three moves for each vertical disk, one $I_{2}$, one $I_{3}$ and one $I_{4}$; the upper (resp. lower) part of Figure 12 can be achieved by one move $I_{2}$ (resp. $I_{3}$ ) for each vertical disk.

On the other hand, the surfaces of Figure 3 can be easily provided with adapted handlebody decompositions, in such a way that the relations just described between moves $I_{1}, \ldots, I_{4}$ and the above modifications can be reversed. In fact, only the special cases of those modifications with one vertical disk are needed.

## Branched coverings

A non-degenerate PL map $p: M \rightarrow N$ between compact PL manifolds of the same dimension $m$ is called a branched covering if there exists an ( $m-2$ )-dimensional subcomplex $B_{p} \subset N$, the branching set of $p$, such that the restriction $p_{\mid}: M-$ $p^{-1}\left(B_{p}\right) \rightarrow N-B_{p}$ is an ordinary covering of finite degree $d$. If $B_{p}$ is minimal with respect to this property, then we have $B_{p}=p\left(S_{p}\right)$, where $S_{p}$ is the singular set of $p$, that is the set of points at which $p$ is not locally injective. In this case, both $B_{p}$ and $S_{p}$, as well as the pseudo-singular set $S_{p}^{\prime}=\mathrm{Cl}\left(p^{-1}\left(B_{p}\right)-S_{p}\right)$, are (possibly empty) homogeneously ( $m-2$ )-dimensional complexes.

Since $p$ is completely determined, up to PL homeomorphisms, by the ordinary covering $p_{\mid}$(cf. [11]), we can describe it in terms of its branching set $B_{p}$ and its monodromy $\omega_{p}: \pi_{1}\left(N-B_{p}, *\right) \rightarrow \Sigma_{d}$, defined up to conjugation in $\Sigma_{d}$, depending on the choice of the base point $*$ and on the numbering of $p^{-1}(*)$. In particular, the monodromies of the meridians around the $(m-2)$-simplices of $B_{p}$ determine the structure of the singularities of $p$. If all such monodromies are transpositions, then we say that $p$ is simple. In this case, every point in the interior of a ( $m-2$ )-simplex of $B_{p}$ is the image of one singular point, at which $p$ is topologically equivalent to the complex map $z \mapsto z^{2}$, and $d-2$ pseudo-singular points.

Starting from $B_{p} \subset N$ and $\omega_{p}$, we can explicitly reconstruct $M$ and $p$ by following steps: 1) choose a ( $m-1$ )-dimensional splitting complex, that means a subcomplex $C \subset N-\{*\}$ such that $B_{p} \subset C$ and the restriction $\omega_{p \mid}: \pi_{1}(N-C, *) \rightarrow \Sigma_{d}$ vanishes; 2) cut $N$ along $C$ in such a way that each ( $m-1$ )-simplex $\sigma$ of $C$ gives raise to 2 simplices $\sigma^{-}$and $\sigma^{+} ; 3$ ) take $d$ copies of the obtained complex (called the sheets of the covering) and denote by $\sigma_{1}^{ \pm}, \ldots, \sigma_{d}^{ \pm}$the corresponding copies of $\sigma^{ \pm}$; 4) identify in pairs the $\sigma_{i}^{ \pm}$'s according to the monodromy $\rho=\omega_{p}(\alpha)$ of a loop $\alpha$ meeting $C$ transversally at one point of $\sigma$, namely identify $\sigma_{i}^{-}$with $\sigma_{\rho(i)}^{+}$. Up to PL homeomorphisms, $M$ is the result of such identification and $p$ is the map induced by the natural projection of the sheets onto $N$.

A convenient representation of $p$ can be given by labelling each $(m-2)$-simplex of $B_{p}$ by the monodromy of a preferred meridian around it and each generator (in a finite generating set) of $\pi_{1}(N, *)$ by its monodromy, since those loops together
generate $\pi_{1}\left(N-B_{p}, *\right)$. Of course, only the labels on $B_{p}$ are needed if $N$ is simply connected. In any case, with a slight abuse of language if $N$ is not simply connected, we refer to such a representation as a labelled branching set.

Two branched coverings $p: M \rightarrow N$ and $p^{\prime}: M^{\prime} \rightarrow N$ are called equivalent iff there exists PL homeomorphism $h: N \rightarrow N$ isotopic to the identity which lifts to a PL homeomorphism $k: M \rightarrow M^{\prime}$. By the classical theory of ordinary coverings and [11], such a lifting $k$ of $h$ exists iff $h\left(B_{p}\right)=B_{p^{\prime}}$ and $\omega_{p^{\prime}} h_{*}=\omega_{p}$ up to conjugation in $\Sigma_{d}$, where $h_{*}: \pi_{1}\left(N-B_{p}, *\right) \rightarrow \pi_{1}\left(N-B_{p^{\prime}}, h(*)\right)$ is the homomophism induced by $h$. Therefore, in terms of labelled branching set, the equivalence of branched coverings can be represented by labelled isotopy.

By a covering move, we mean any non-isotopic modification making a labelled branching set representing a branched covering $p: M \rightarrow N$ into one representing a different branched covering $p^{\prime}: M \rightarrow N$ between the same manifolds (up to PL homeomorphisms). We call such a move local, if the modification takes place inside a cell and can be performed regardless of what the labelled branching set is outside that cell. In the figures depicting local moves, we will draw only the portion of the labelled branching set inside the relevant cell, assuming everything else to be fixed.

As a primary source of covering moves, we consider the following two very general equivalence principles (cf. [39]). Several special cases of these principles have already appeared in the literature and we can think of them as belonging to the "folklore" of branched coverings.

Disjoint monodromies crossing. Subcomplexes of the branching set of a covering that are labelled with disjoint permutations can be isotoped independently from each other without changing the covering manifold.

The reason why this principle holds is quite simple. Namely, being the labelling of the subcomplexes disjoint, the sheets non-trivially involved by them do not interact, at least over the region where the isotopy takes place. Hence, the relative position of such subcomplexes is not relevant in determining the covering manifold. Typical applications of this principle are the local moves $M_{2}$ and $R_{2}$ (cf. Figures 1 and 2).

It is worth observing that, abandoning transversality, the disjoint monodromies crossing principle also gives the special case of the next principle when the $\sigma_{i}$ 's are disjoint and $L$ is empty.

Coherent monodromies merging. Let $p: M \rightarrow N$ be any branched covering with branching set $B_{p}$ and let $\pi: E \rightarrow K$ be a connected disk bundle imbedded in $N$, in such a way that: 1) there exists a (possibly empty) subcomplex $L \subset K$ for which $B_{p} \cap \pi^{-1}(L)=L$ and the restriction of $\pi$ to $B_{p} \cap \pi^{-1}(K-L)$ is an unbranched covering of $K-L ; 2)$ the monodromies $\sigma_{1}, \ldots, \sigma_{n}$ relative to a fundamental system $\omega_{1}, \ldots, \omega_{n}$ for the restriction of $p$ over a given disk $D=\pi^{-1}(x)$, with $x \in K-L$, are coherent in the sense that $p^{-1}(D)$ is a disjoint union of disks. Then, by contracting the bundle $E$ fiberwise to $K$, we get a new branched covering $p^{\prime}: M \rightarrow N$, whose branching set $B_{p^{\prime}}$ is equivalent to $B_{p}$, except for the replacement of $B_{p} \cap \pi^{-1}(K-L)$ by $K-L$, with the labelling uniquely defined by letting the monodromy of the meridian $\omega=\omega_{1} \ldots \omega_{n}$ be $\sigma=\sigma_{1} \ldots \sigma_{n}$.

We remark that, by connectedness and property 1 , the coherence condition required in 2 actually holds for any $x \in K$. Then, we can prove that $p$ and $p^{\prime}$ have the
same covering manifold, by a straightforward fiberwise application of the Alexander's trick to the components of the bundle $\pi \circ p: p^{-1}(E) \rightarrow K$. A coherence criterion can be immediately derived from Section 1 of [35].

The coherent monodromy merging principle originated from a classical perturbation argument in algebraic geometry and appeared in the literature as a way to deform non-simple coverings between surfaces into simple ones, by going in the opposite direction from $p^{\prime}$ to $p$ (cf. [5]). In the same way, it can be used in dimension 3, both for achieving simplicity (cf. [16]) and removing singularities from the branching set. We will do that in the proof of Theorem 4 by means of the moves $S_{1}$ and $S_{2}$ of Figure 7, which are straightforward applications of this principle. Actually, analogous resuts could be proved in dimension 4, but we will not do it here.

The coherent monodromy merging principle, also provides an easy way to verify that $M_{1}$ and $R_{1}$ are local covering moves, as shown in Figures 14 and 15. In both these figures, we apply the principle for going from (a) to (b) and from (c) to (d), while (b) and (c) are equivalent up to labelled isotopy.


Figure 14.

(a)

(b)

(c)

(d)

Figure 15.

So far we have seen that all the moves presented in the Introduction, except for moves $T$ and $P_{ \pm}$, are local covering moves. However, we will give a different proof of that for moves $R_{1}$ and $R_{2}$ in Section 2, by relating them to 2-deformations of 4-handlebodies.

Now, we consider the notion of stabilization that appears in all the equivalence theorems stated in the Introduction. This is a particular local covering move, which makes sense only for branched coverings of $S^{m}$ or $B^{m}$ and, differently from all the previous moves, changes the degree of the covering, increasing it by one.

Stabilization. A branched covering $p: M \rightarrow S^{m}$ (resp. $p: M \rightarrow B^{m}$ ) of degree $d$, can be stabilized to degree $d+1$ by adding to the labelled branching set a trivial separate ( $m-2$ )-sphere (resp. regularly embedded ( $m-2$ )-disk) labelled with the transposition $(i d+1)$, for some $i=1, \ldots, d$.

The covering manifold of such a stabilization is still $M$, up to PL homeomorphisms. In fact, it turns out to be the connected sum (resp. boundary connected sum) of $M$ itself, consisting of the sheets $1, \ldots, d$, with the copy of $S^{m}$ (resp. $B^{m}$ ) given by the extra trivial sheet $d+1$.

By stabilization to degree $n$ (or $n$-stabilization) of a branched covering $p: M \rightarrow$ $S^{m}$ (resp. $p: M \rightarrow B^{m}$ ) of degree $d \leq n$ we mean the branched covering of degree $n$ obtained from it by performing $n-d$ stabilizations as above. In particular, this leaves $p$ unchanged if $d=n$.

We conclude this paragraph by focusing on the branched coverings we will deal with in the following sections, that is coverings of $S^{3}$ branched over links or embedded graphs and coverings of $B^{4}$ branched over ribbon surfaces. We recall that in this context PL and smooth are interchangeable.

We represent a $d$-fold covering of $p: M \rightarrow S^{3}$ branched over a link $L \subset S^{3}$, by a $\Sigma_{d}$-labelled oriented diagram $D$ of $L$ describing the monodromy of $p$ in terms of the Wirtinger presentation of $\pi_{1}\left(S^{3}-L\right)$ associated to $D$. Namely, we label each $\operatorname{arc}$ of $D$ by the monodromy of the standard positive meridian around it. Of course, the Wirtinger relations impose constraints on the labelling at crossings, and each $\Sigma_{d}$-labelling of $D$ satisfying such constraints do actually represent a $d$-fold covering of $S^{3}$ branched over $L$. Then, labelled isotopy can be realized by means of labelled Reidemeister moves.

For simple coverings, the orientation of $D$ is clearly unnecessary and there are three possible ways of labelling the arcs at each crossing: either all with the same transposition $(i j)$ or like at the two crossings in the left side of Figure 1.

The Montesinos-Hilden-Hirsch representation theorem of closed connected oriented 3-manifolds as branched coverings of $S^{3}$ (see Introduction), can be formulated in terms of labelled link diagrams, with labels taken from the three transpositions of $\Sigma_{3}$, according to the above labelling rules at crossings.

The extension from branching links to branching embedded graphs is straightforward. In fact, we only need to take into account extra labelling constraints and labelled moves at the vertices of the graph.

Finally, let us consider a $d$-fold covering $p: M \rightarrow B^{4}$ branched over a ribbon surface $F \subset B^{4}$. Again, we represent the monodromy in terms of the Wirtinger presentation of $\pi_{1}\left(B^{4}-F\right)$ associated to a locally oriented diagram of $F$. Actually, since we will only consider simple coverings, we will never need local orientations.

The same labelling rules as above apply to ribbon intersections (cf. Figure 2) as well as to ribbon crossings. However, contrary to what happens for ribbon intersections, when a ribbon crosses under another one, its label changes only locally (at the undercrossing region). We notice that, if $F \subset B^{4}$ is a labelled ribbon surface representing a $d$-fold (simple) covering of $p: M \rightarrow B^{4}$, then $L=F \cap S^{3}$ is a labelled link representing the restriction $p_{\mid \mathrm{Bd}}: \operatorname{Bd} M \rightarrow S^{3}$. This is still a $d$-fold (simple) covering, having the diagram of $F$ as a splitting complex.

As mentioned in the Introduction, labelled ribbon surfaces in $B^{4}$ (that is coverings of $B^{4}$ branched over ribbon surfaces) represent all the 4-dimensional 2-handlebodies. By Montesinos [31] (cf. next Section 2), for the connected case it suffices to take labels from the three transpositions of $\Sigma_{3}$ (that is to consider 3 -fold simple coverings).

Though labelled isotopy of branching ribbon surfaces preserves the covering manifold $M$ up to PL homeomorphisms, we are interested in the (perhaps more restrictive) notion of labelled 1-isotopy, which preserves $M$ up to 2-deformations (cf. Lemma 2.3). This can be realized by means of labelled diagram isotopy and labelled 1 -isotopy moves, that is diagram isotopy and 1-isotopy moves of Figure 3, suitably labelled according to the above rules.

## Kirby diagrams

A Kirby diagram describes an orientable 4-dimensional 2-handlebody $H^{0} \cup$ $H_{1}^{1} \cup \ldots \cup H_{m}^{1} \cup H_{1}^{2} \cup \ldots \cup H_{n}^{2}$ with only one 0 -handle, by encoding 1- and 2handles in a suitable link $K \subset S^{3} \cong \operatorname{Bd} H^{0}$. Namely, $K$ has $m$ dotted components spanning disjoint flat disks which represent the 1-handles and $n$ framed components which determine the attaching maps of the 2-handles. We refer to [23] or [14] for details and basic facts about Kirby diagrams, limiting ourselves to recall here only the relevant ones for our purposes.

The assumption of having only one 0 -handle is not so restrictive. In fact, given any connected handlebody, the union of 0 - and 1 -handles contracts in a natural way to a connected graph $G$. Then, by choosing a maximal tree $T \subset G$ and fusing all the 0 -handles together with the 1 -handles corresponding to the edges of $T$, we get a new handlebody with only one 0 -handle. This fusion process can be performed by 1 -handle slidings and $0 / 1$-handle cancellation, so the new handlebody is equivalent to the original one. As a consequence, different choises of the tree $T$ give raise to handlebodies which are equivalent up 1-handle sliding. This fact immediately implies that $k$-equivalence between handlebodies having only one 0 -handle can be realized without adding any extra 0 -handle.

On the other hand, the same assumption of having only one 0 -handle, is crucial in order to make a natural convention on the framings, that allows to express them by integers fixing as zero the homologically trivial ones.

However, at least in the present context, it seems preferable to renounce this advantage on the notation for framings in favour of more flexibility in the representation of multiple 0 -handles. The reason is that a $d$-fold covering of $B^{4}$ branched over a ribbon surface (actually an embedded 2-dimensional 1-handlebody) turns out to have a natural handlebody structure with $d 0$-handles.

Of course, the reduction to only one 0 -handle is still possible but it must be performed explicitly. This makes the connection between branched coverings and ordinary Kirby diagrams more clear and transparent than before.

We call our representation of an orientable 4-dimensional 2-handlebody with multiple 0 -handles a generalized Kirby diagram. It is essentially defined by overlapping the boundaries of all the 0-handles to let the diagram take place in $S^{3}$ and by putting labels in the diagram in order to keep trace of the original 0 -handle where each part of it is from. If there is only one 0 -handle, the labels can be omitted and we have an ordinary Kirby diagram.

More precisely, a generalized Kirby diagram representing an orientable 4-dimensional handledoby $H_{1}^{0} \cup \ldots \cup H_{d}^{0} \cup H_{1}^{1} \cup \ldots \cup H_{m}^{1} \cup H_{1}^{2} \cup \ldots \cup H_{n}^{2}$ consists of the following data: a boxed label indicating the number $d$ of 0 -handles; $m$ dotted unknots spanning disjoint flat disks, each side of which has a label from $\{1, \ldots, d\}$;
$n$ framed disjoint knots transversal with respect to those disks, with a label from $\{1, \ldots, d\}$ for each component of the complement of the intersections with the disks. The labelling must be admissible in the sense that all the framed arcs coming out from one side of a disks have the same label of that side (cf. Figure 16). This rule makes the labelling redundant and some times we will omit the superfluous labels. Moreover, being uniquely related to the indexing of the 0-handles, the labelling must be considered defined up to permutation of $\{1, \ldots, d\}$. Finally, the framings are always drawn as parallel curves, hence no confusion arises with labels.


Figure 16.
To establish the relation between a generalized Kirby diagram and the handlebody it represents, we first convert dot notation for 1-handles into ball notation, as shown in Figure 16. Here, the two balls, together with the relative framed arcs, are symmetric with respect to the horizontal plane containing the disk and squeezing them vertically on the disk we get back the original diagram. After that, we consider the disjoint union of 0 -handles $H_{1}^{0} \cup \ldots \cup H_{d}^{0}$ and draw on the boundary of each $H_{i}^{0}$ the portion of the diagram labelled with $i$, no matter how we identify such boundary with $S^{3}$. Then, we attach to $H_{1}^{0} \cup \ldots \cup H_{d}^{0}$ a 1-handle between each two paired balls (possibly lying in different 0 -handles), according to the diffeomorphism induced by the above symmetry, so that we can join longitudinally along the handle the corresponding framed arcs. Of course, the result turns out to be defined only up to 1 -handle full twists. At this point, we have a 1-handlebody $H_{1}^{0} \cup \ldots \cup H_{d}^{0} \cup H_{1}^{1} \cup \ldots \cup H_{m}^{1}$ with $n$ framed loops in its boundary and we use such framed loops as attaching instructions for the 2-handles $H_{1}^{2}, \ldots, H_{n}^{2}$.

We observe that any orientable 4 -dimensional 2 -handlebody can be represented, up to isotopy, by a generalized Kirby diagram. In fact, in order to reverse our construction, we only need that the identification of the boundaries of the 0 -handles with $S^{3}$ is injective on the attaching regions of 1- and 2-handles and that the attaching maps of the 2 -handles run longitudinally along the 1 -handles. These properties can be easily achieved by isotopy.

Sometimes, it will be convenient to digress from the prescribed labelling rule for generalized Kirby diagrams, by allowing a framed component with label $k$ to cross a disk spanned by a dotted component with labels $i$ and $j$, provided that $k \notin\{i, j\}$. Clearly, such a crossing does not mean that the framed loop goes over the 1 -handle


Figure 17.
corresponding to the dotted one, since it originates from the identification of different 0 -handles. Figure 17 depictes the way to eliminate it.

The above construction gives isotopic handlebody structures if and only if the starting generalized Kirby diagrams are equivalent up to labelled isotopy, generated by labelled diagram isotopy, preserving all the intersections between loops and disks (as well as labels), and by the three moves described in Figure 18.
(d)

$\leadsto$

$\leadsto$
(d)



Figure 18.
The first two moves make sense regardless of what $i, j$ and $k$ are. In particular, if $i=j=k$ they reduce to the ordinary ones. Actually, this is the only relevant case for the second move, usually referred to as "sliding a 2 -handle over a 1 -handle", being the other cases obtainable by crossing changes. Moreover, even this ordinary case becomes superfluous in the context of 2-deformations, since it can be realized by addition/deletion of cancelling $1 / 2$-handles and 2 -handle sliding (cf. [14]).

On the other hand, in the third of these move, we assume $k \neq l$, so that the crossing change preserves the isotopy class of the framed link in $H_{1}^{0} \cup \ldots \cup H_{d}^{0} \cup$ $H_{1}^{1} \cup \ldots \cup H_{m}^{1}$. It is worth remarking that, due to this crossing change, the framing convention usually adopted for ordinary Kirby diagrams cannot be extended to generalized Kirby diagrams.
(d)

(d)
$\{1, \ldots, d\}$-labelled
dotted/framed link
$\leadsto$ d


Figure 19.
d


(d)


$\leadsto$
d


Figure 20.

Figures 19 and 20 show how to represent 2-deformations of 4-dimensional 2handlebodies in terms of generalized Kirby diagrams. Namely, the moves of Figure 19 correspond to addition/deletion of cancelling $0 / 1$-handles (on the right side we assume $i \leq d)$ and $1 / 2$-handles, while the moves of Figure 20 correspond to 1- and 2-handle sliding. Except for the addition/deletion of cancelling 0/1-handles, which does not make sense for ordinary Kirby diagrams, also the rest of the moves in these figures reduce to the ordinary ones if $i=j=k$.


Figure 21.

The 1-handle sliding (first move of Figure 20) is included for the sake of completeness, but it can be generated by addition/deletion of cancelling $1 / 2$-handles and 2-handle sliding, just like in the ordinary case (cf. [14]).

The main theorem of Kirby calculus [22] asserts that two orientable 4-dimensional 2-handlebodies have diffeomorphic boundaries if and only if they are related by 2 -deformations, blowing up/down and $1 / 2$-handle trading.

In terms of generalized Kirby diagrams these last two modifications can be realized by the moves of Figure 21. These moves essentially coincide with the corresponding ones for ordinary Kirby diagrams (with $i=d=1$ ), being the involved labels all the same.

In the next proposition we recapitulate the moves relating Kirby diagrams representing 4-dimensional 2-handlebodies which are 2-equivalent or have diffeomorphic boundaries.

Proposition 1.4. Given two generalized Kirby diagrams $K$ and $K^{\prime}$, denote by $H$ and $H^{\prime}$ the corresponding 4-dimensional 2-handlebodies. Then:
(a) $H$ and $H^{\prime}$ are 2-equivalent if and only if $K$ and $K^{\prime}$ can be related by labelled diagram isotopy, the first and third moves of Figure 18, the two moves of Figure 19 and the second move of Figure 20;
(b) $H$ and $H^{\prime}$ have diffeomorphic boundaries if and only if $K$ and $K^{\prime}$ can be related by labelled diagram isotopy, the moves listed in (a) and the moves of Figure 21.
If $K$ and $K^{\prime}$ are ordinary Kirby diagrams, then all the moves are considered only in the ordinary case, that is for $i=j=d=1$. In this case, diagram isotopy, the first move of Figure 18 and the second ones of Figures 19 and 20 suffice to realize 2-equivalence.


Figure 22.

Proof. See discussion above for (a) and (b). Concerning the last part about 2 -equivalence of 4 -dimensional 2 -handlebodies with only one 0 -handle, we observe that any extra 0 -handle occurring during a 2 -deformation can be eliminated by a suitable fusion of 0 -handles.

Given any generalized Kirby diagram representing a connected handlebody, 2deformation moves can be used to transform it into an ordinary one, by reducing the number of 0 -handles to 1 . In fact, assuming $d>1$, we can eliminate the $d$-th handle as follows (see Figure 22 for an example with $d=2$ ): perform 1-handle sliding in order to leave only one label of one dotted unknot equal to $d$; untangle such unknot from the rest of the diagram by labelled isotopy; eliminate the $d$-th 0 -handle by $0 / 1$-handle cancellation.

We conclude this paragraph, by introducing the standart form for an ordinary Kirby diagram, that will turn out useful in Section 3. An ordinary Kirby diagram is said to be in standard form if it looks like in Figure 23, where all the framings are understood to coincide with the blackboard one outside the box. Apparently, any ordinary Kirby diagram can be isotoped into such a standard form.


Figure 23.

## 2. From labelled ribbon surfaces to Kirby diagrams

The aim of this section is to show how any adapted 1-handlebody structure on a labelled ribbon surface $F$ representing a $d$-fold simple branched covering $p: M \rightarrow B^{4}$ naturally induces a 2 -handlebody structure on $M$ defined up to 2-deformations.

In this context, naturally means that labelled embedded 1-deformations on $F$ induce 2-deformations on $M$. Then, by Propositions 1.2 and $1.3, M$ turns out to be endowed with a 2 -handlebody structure, whose 2-equivalence class is uniquely determined by the labelled 1 -isotopy class of $F$. We denote by $K_{F}$ the generalized Kirby diagram corresponding to such 4-dimensional 2-handlebody structure (defined up to 2-deformations).

Moreover, we will see that the 2-equivalence class of $K_{F}$ is also preserved by the covering moves $R_{1}$ and $R_{2}$ of Figure 2 and we will discuss some consequences of this
fact. In particular, we will introduce some auxiliary moves generated by $R_{1}$ and $R_{2}$, that will be needed in the next sections.

Let us start with the construction of $K_{F}$. Given a labelled ribbon surface $F$ as above with an adapted 1-handlebody decomposition, we can write $F=D_{1} \cup \ldots \cup$ $D_{m} \cup B_{1} \cup \ldots \cup B_{n}$, where the $D_{h}$ 's are disjoint flat disks (the 0-handles of $F$ ) while the $B_{h}$ 's are disjoint bands attached to $F_{0}=D_{1} \cup \ldots \cup D_{m}$ (the 1-handles of $F$ ). Looking at the diagram of $F$ in $R^{3}$ and using for it the same notations as for $F$ itself, we see that the $D_{h}$ 's, as well as the $B_{h}$ 's, are still disjoint from each other, while any band $B_{h}$ may form ribbon intersections with the disks $D_{1}, \ldots, D_{m}$.

We denote by $p_{0}: M_{0} \rightarrow B^{4}$ the simple covering determined by the labelled surface $F_{0} \subset B^{4}$. The covering manifold $M_{0}$ turns out to be a 4 -dimensional handlebody with $d 0$-handles and a 1-handle $H_{h}^{1}$ for each disk $D_{h}$ (cf. [31]). A generalized Kirby diagram of $M_{0}$ can be immediately obtained by replacing any disk $D_{h}$ by a dotted unknot coinciding with its boundary, as shown in Figure 24. Here, there are two possible way to assign the labels $i$ and $j$ to the two faces of $D_{h}$. We call such an assignment a polarization of the disk $D_{h}$.


Figure 24.
Now, following [31] (cf. also [20]), we have that any band $B_{h}$ attached to $F_{0}$ gives rise to a 2-handle $H_{h}^{2}$ attached to $M_{0}$ along the framed loop given by the unique annular component of $p_{0}^{-1}\left(B_{h}\right)$.

In order to describe a labelled framed loop representing $H_{h}^{2}$ in the generalized Kirby diagram, let us call $D_{h_{1}}$ and $D_{h_{2}}$ the (possibly coinciding) disks of $F_{0}$ at which $B_{h}$ is attached. Disregarding for the moment the ribbon intersections of $B_{h}$ with $F_{0}$, such framed loop is given by two parallel copies of $B_{h}$ lying on opposite sides, joined together to form ribbon intersections with $D_{h_{1}}$ and $D_{h_{2}}$ and labelled consistently with the polarizations of those disks, as suggested by Figure 25.


Figure 25.
Actually, to have simultanous labelling consistency at both ends of $B_{h}$, we may be forced to interchange the two copies of $B_{h}$ by a crossover, as in the upper part of Figure 26. The two ways to realize the crossover are equivalent up to labelled isotopy, since $i \neq j$. Notice that we can perform crossovers wherever we want along $B_{h}$, provided their number has the right parity to respect labelling consistency. In the lower part of Figure 26 we see that, up to crossovers, twists along $B_{h}$ contribute only to the framing and not to the isotopy type of the corresponding loop. Namely, each

(d)

$\leadsto$
d


(d)

d


Figure 26.
positive (resp. negative) half twist along $B_{h}$ gives rise to a positive (resp. negative) full twist in the framing.

Figure 27 explains how to interpret a single ribbon intersection between $B_{h}$ and $F_{0}$ into the generalized Kirby diagram, in the four possible cases depending on the monodromies associated to $B_{h}$ and $F_{0}$ at that intersection. Here, we assume that $i, j, k$ and $l$ are all distinct and use the notation of Figure 17 for the intermediate steps. In all the cases, the construction is carried out in a regular neighborhood of an arc $\alpha$ contained in $F_{0}$ and joining the ribbon intersection with $\mathrm{Bd} F_{0}$. The labels of the two copies of $B_{h}$ in the generalized Kirby diagram are determined by monodromies associated to $B_{h}$ before and after the intersection and by the side

d


- $\prod_{1} i$

d


d

(d)


$d$

d


Figure 27.
from which $\alpha$ approaches $B_{h}$. In the first and third cases, we introduce a kink to allow labelling consistency of both the copies of $B_{h}$ with respect to the disk (there are two different ways to realize such a kink, but they are equivalent up to labelled isotopy). To make all the local labellings at the ribbon intersections fit together with each other along the two copies of $B_{h}$ and with the ones already fixed at ends of $B_{h}$, we use again crossovers.

We conclude the definition of $K_{F}$, by specifying that the $\operatorname{arcs} \alpha$ related to different ribbon intersections are assumed to be disjoint, in such a way that the corresponding constructions do not interact.

Our next aim is to show that $K_{F}$ is well defined up to 2-deformation moves, in the sense that the 2-equivalence class of the corresponding 4-dimensional 2-handlebody depends only on the labelled ribbon surface $F$. As a preliminary step, we prove the following Lemma concerning the choices involved in the construction of $K_{F}$ from a 1-handlebody structure of $F$.

Lemma 2.1. Let $F \subset B^{4}$ be a labelled ribbon surface representing a $d$-fold simple branched covering $p: M \rightarrow B^{4}$. Then, the generalized Kirby diagram $K_{F}$, constructed starting from a given adapted 1-handlebody structure on $F$, describes a 4-dimensional 2-handlebody structure on $M$, whatever choices we make for the polarizations, the crossovers and the arcs $\alpha$. Moreover, such 4-dimensional 2-handlebody structure is uniquely determined up to handle isotopy.

Proof. Let $F=D_{1} \cup \ldots \cup D_{m} \cup B_{1} \cup \ldots \cup B_{n}$ be an adapted 1-handlebody decomposition of $F$ as in the definiton of $K_{F}$ and let us adopt here all the notations related to it we introduced there.

Then, the lemma immediately follows from [31], once one has checked that the framed link of $K_{F}$ does really represent, up to handle isotopy, the framed link in $M_{0}$ consisting of the unique annular component of $p_{0}^{-1}\left(B_{h}\right)$ for each band $B_{h}$ of $F$. Taking into account what we have said above, this is a straightforward consequence of the very definition of generalized Kirby diagram.

Nevertheless, for the convenience of the reader, we skecth a direct proof of the independence of $F_{K}$, up to handle isotopy, on the choices involved in its construction.

We have already observed that crossovers are not relevant up to labelled isotopy. Concerning the arcs $\alpha$, it suffices to prove that the elementary moves of Figure 28, where we replace a single arc $\alpha$ by $\alpha^{\prime}$, preserve $K_{F}$ up to 2 -deformation moves. Simple inspection of all the cases confirms that once again only labelled isotopy moves are needed.


Figure 28.
Thus, it remains to see what happens when we invert the polarization of a disk $D_{h}$. The relative dotted unknot with the different labellings giving the two possible


Figure 29.
polarizations of $D_{h}$ is drawn in Figure 29 (a) and (d). Here, we assume that the framed arcs passing through $D_{h}$, coming either from bands attached to $D_{h}$ or from ribbon intersection of bands with $D_{h}$, have been isotoped all together into a canonical position. For the sake of clarity, we sorted such labelled arcs to separate the ones which have been kinked in order to achieve labelling consistency. To see that the diagrams (a) and (d) of Figure 29 are equivalent up to 2 -deformation moves, we consider the other ones as intermediate steps. We start by isotoping upside down the dotted unknot of (a) to obtain (b). Then, we use labelled isotopy once again to make the arcs labelled by $i$ and the ones labelled by $j$ form separate positive half twists. These two half twists add up to give a unique positive full twist in (c). Finally, we get $(d)$ by performing a negative twist on the 1-handle represented by the dotted unknot. Such a 1-handle twist can be easily realized by the second labelled isotopy move of Figure 18.

Proposition 2.2. Let $F \subset B^{4}$ be a labelled ribbon surface representing a $d$ fold simple branched covering $p: M \rightarrow B^{4}$. Then, the generalized Kirby diagrams $K_{F}$ constructed starting from different adapted 1-handlebody structures on $F$, describe 2-equivalent 4-dimensional 2-handlebody structures on $M$. That is, $K_{F}$ is uniquely determined by $F$ up to 2-deformation moves.

Proof. We observe that any labelled diagram isotopy (preserving ribbon intersections) on $F$ induces a labelled isotopy on $K_{F}$ as a generalized Kirby diagram. Hence, the statement follows from Proposition 1.2, once we prove that performing on $F$ labelled versions of the moves of Figures 11 and 12 without vertical disks corresponds to modifying $K_{F}$ by certain 2-deformation moves.

In all cases we can choose the same polarization for $H_{i}^{0}$ and $H_{j}^{0}$, since these can be assumed to be distinct 0 -handles (cf. notice after Figure 12). Then, apparently the two moves of Figure 12 correspond respectively to addition/deletion of a cancelling pair of $1 / 2$-handles and to sliding the 2 -handle deriving from $H_{l}^{1}$ over the one deriving from $H_{k}^{1}$. Similarly, in the case of move of Figure 11 we have two slidings involving the same 2-handles, one sliding for each of the two parallel
copies of $H_{l}^{1}$ forming the framed loop originated from it. We leave to the reader the straightforward verification of this fact for all the four cases of Figure 27.

A very simple example of the above construction, without ribbon intersections, is depicted in Figure 30. Here, the adapted 1-handlebody structure of the labelled ribbon surface on the left is the obvious one with 3 horizontal 0 -handles and 10 vertical 1-handles, while the resulting generalized Kirby diagram on the right is the same of Figure 22. We notice that, for a double covering of $B^{4}$ branched over ribbon surface without ribbon intersections, such as the one of Figure 30, the handlebody presentation we obtain by our construction coincides, after suitable reduction to ordinary Kirby diagram, with the one given in [2].


Figure 30.
The following Proposition 2.4 tells us that the 2-equivalence class of $K_{F}$ actually depends only on the labelled 1 -isotopy class of $F$ and it is also preserved by stabilization and covering moves $R_{1}$ and $R_{2}$. This is essentially the "only if" part of Theorem 1.

Lemma 2.3. If the labelled ribbon surfaces $F, F^{\prime} \subset B^{4}$, representing $d$-fold simple branched coverings of $B^{4}$, are related by labelled 1-isotopy, then the generalized Kirby diagrams $K_{F}$ and $K_{F^{\prime}}$ are equivalent up to 2-deformation moves.

Proof. By Proposition 1.3, labelled 1-isotopy is generated by labelled diagram isotopy and the labelled versions of moves $I_{1}, \ldots, I_{4}$ (cf. Figure 3). Since labelled diagram isotopy on $F$ induces labelled isotopy on $K_{F}$ as a generalized Kirby diagram, we have only to deal with the moves.

Move $I_{1}$ admits a unique labelling up to conjugation in $\Sigma_{d}$. Generalized Kirby diagrams arising from the labelled ribbon surfaces involved in the resulting labelled move are depicted in Figure 31 (we assume the surfaces endowed with the handlebody structures of the corresponding move of Figure 10). As the reader can easily check, such diagrams are related by labelled isotopy.


Figure 31.

Moves $I_{2}$ and $I_{3}$ admit three distinct labellings up to conjugation in $\Sigma_{d}$. Namely, if $(i j)$ is the label of the horizontal component, then the top end of the vertical one can be labelled by $(i j),(j k)$ or $(k l)$.

The first case is considered in Figure 32 for $I_{2}$ and Figure 33 for $I_{3}$. Looking at these figures, we have that: (a) and (d) correspond respectively to the surface on the left and right side of the move with the simplest adapted handlebody structures; (b) is obtained from (a) by $1 / 2$-handle addition, followed by 2 -handle sliding only in Figure 33; (c) and (d) are obtained in turn by 2-handle slidings and $1 / 2$-handle cancellation. The same figures also apply to the second case, after we replace by $k$ 's all the $i$ 's in the upper half and the $j$ 's in the lower half (except for the labels of the dotted line in the middle). The third case is trivial and we leave it to the reader.


Figure 32.

(a)

(b)

(c)

(d)

Figure 33.
Finally, let us come to move $I_{4}$, which requires a bit more work. As above, let ( $i j$ ) be the label of the horizontal band. Then, up to conjugation in $\Sigma_{d}$, there are eighteen possible ways to label the move, each one determined by the transpositions $\lambda$ and $\rho$ labelling respectively the left and right bottom ends of the diagonal bands.

By direct inspection we see that, excluding the trivial cases when at least two of the three ribbon intersections involve bands with disjoint monodromies, which are left to the reader, and taking into account the symmetry of the move with respect to its inverse, there are only seven relevant cases: 1) $\lambda=(i j)$ and $\rho=(i j)$; 2) $\lambda=(i j)$ and $\rho=(i k) ; 3) \lambda=(i k)$ and $\rho=(i j) ; 4) \lambda=(i k)$ and $\rho=(i k)$; 5) $\lambda=(i k)$ and $\rho=(i l) ; 6) \lambda=(i k)$ and $\rho=(j l) ; 7) \lambda=(i k)$ and $\rho=(k l)$.

Figure 34 regards case 1. Here, (a) and (c) correspond respectively to the surfaces on the left side and right side of the move with suitable adapted handlebody structures, while (b) is related to (a) by two 2-handle slidings and to (c) by labelled isotopy. This figure also applies to case 4 , after the same label replacement as above.


Figure 34.

(a)

(b)

(c)

Figure 35.

(a)

(b)

(c)

Figure 36.
Similarly, Figure 35 concerns with case 2 and, after the appropriate label replacements, also with cases 3 and 5 . This time only one 2 -handle sliding is needed


Figure 37.
to pass from (a) to (b). Figures 36 and 37 complete the proof, by dealing with the remaining cases 5 and 7 . The three diagrams of Figure 36 are related by $1 / 2$-handle addition/deletion, while the two diagrams of Figure 37 by labelled isotopy.

It is worth remarking that Lemma 2.3 becomes trivial if we limit ourselves to require that the 4 -dimensional 2-handlebodies represented by $K_{F}$ and $K_{F^{\prime}}$ are diffeomorphic, without insisting that they are 2 -equivalent. In fact, labelled isotopy between $F$ and $F^{\prime}$ (instead of labelled 1-isotopy) suffices for that, since it induces equivalence between the corresponding branched coverings, as recalled in Section 1. The relation between isotopy and 1-isotopy of ribbon surfaces in $B^{4}$ on one hand and diffeomorphism and 2-equivalence of 4 -dimensional 2 -handlebodies on the other hand, will be discussed in Section 5.

Proposition 2.4. If the labelled ribbon surfaces $F, F^{\prime} \subset B^{4}$, representing simple branched coverings of $B^{4}$, are related by labelled 1-isotopy, stabilization and moves $R_{1}$ and $R_{2}$, then the generalized Kirby diagrams $K_{F}$ and $K_{F^{\prime}}$ are equivalent up to 2-deformation moves.

Proof. Labelled 1-isotopy has been already considered in the previous lemma. From the definitions it is apparent that stabilizing the branched coverings represented by a labelled ribbon surface $F$ means adding a cancelling pair of $0 / 1$-handles to $K_{F}$ (cf. Figures 19 and 24).


Figure 38.
Concerning moves $R_{1}$ and $R_{2}$, if $F$ and $F^{\prime}$ differ by such a move, then by making the right choices in the construction of $K_{F}$ and $K_{F^{\prime}}$ we get the same result up to labelled isotopy. This is shown in Figure 38 (to be compared with Figure 2) for move $R_{1}$. The analogous and even easier case of move $R_{2}$ is left to the reader.

We conclude this section with some further considerations on the ribbon moves $R_{1}$ and $R_{2}$. In particular, we see how they generate, up to labelled 1-isotopy, the auxiliary moves $R_{3}, R_{4}, R_{5}$ and $R_{6}$ described in Figure 39, where $i, j$ and $k$ are all distinct. These last moves will turn out to be useful in the next sections. First, we formalize in the following proposition the observation made in the Introduction about the inverses of moves $R_{1}$ and $R_{2}$, replacing isotopy by 1-isotopy.


Figure 39.
Proposition 2.5. Moves $R_{1}$ and $R_{2}$ independently generate their own inverses, up to labelled 1-isotopy.

Proof. For move $R_{1}$, the equation $R_{1}^{-1}=R_{1}^{2}$ obtained in the Introduction, by thinking $R_{1}$ as a rotation of $120^{\circ}$, holds also in the present context, since actually no isotopy is needed. On the other hand, move $R_{2}^{-1}$ is equivalent, up to labelled diagram isotopy, to a suitable sequence of three moves of types $I_{2}, I_{3}$ and $R_{2}$ in the order.

Proposition 2.6. Moves $R_{1}$ and $R_{2}$ generate moves $R_{3}, R_{4}, R_{5}$ and $R_{6}$, as well as their inverses, up to labelled 1-isotopy.

Proof. By Proposition 2.5 we do not need to worry about inverses. Move $R_{4}$ can be easily obtained as the composition of one move $R_{2}^{-1}$ and one move $R_{2}$. Figures 40, 41 and 42 respectively shows how to get moves $R_{3}, R_{5}$ and $R_{6}$ in terms of labelled


Figure 40.


Figure 41.


Figure 42.
1-isotopy and moves $R_{1}$. In Figure 40, we pass from (a) to (b) by one move $I_{2}$ and from (b) to (c) by one move $R_{1}$. In Figure 41, (b) is equivalent to (a) up to labelled diagram isotopy, then we perform respectively one move $R_{1}$, one move $I_{3}$ and one pair of moves $R_{1}$ and $R_{1}^{-1}$ to obtain in the order (c), (d) and (e). In Figure 42 we see that, up to conjugation by move $R_{1}$, the twist transfer of move $R_{6}$ can be realized by the labelled diagram isotopy between (b) and (c).

Remark 2.7. By labelled 1 -isotopy and moves $R_{1}$ and $R_{2}$, any labelled ribbon surface representing a connected simple branched covering of $B^{4}$ can be made orientable, without changing the 2 -equivalence class of the covering 4 -dimensional 2-handlebody. In fact, twist transfer allows us to eliminate non-orientable bands as shown in Figure 43. Here, assuming $(i j)$ and $(j k)$ distinct, we pass from (a) to (b) by two moves of types $I_{2}$ and $I_{3}$, and from (b) to (c) by one move $R_{6}^{-1}$.


Figure 43.

## 3. From Kirby diagrams to labelled ribbon surfaces

In this section we prove the surjectivity of the map defined in the previous one, which associates to each simply labelled ribbon surface $F$ the 2-equivalence class of the generalized Kirby diagrams $K_{F}$. Since everything can be done componentwise and any generalized Kirby diagram of a connected 4 -dimensional 2-handlebody is 2 -equivalent to an ordinary one (cf. Section 1), we will focus on ordinary Kirby diagrams and we will come back to the general case in the last Proposition 3.6.

Namely, for any ordinary Kirby diagram $K$, we construct a labelled ribbon surface $F_{K}$ that represents the 2-equivalence class of the corresponding 4-dimensional 2 -handlebody as a 3 -fold simple branched covering of $B^{4}$ (cf. Proposition 3.5). Such a construction is canonical in the sense that the 4 -stabilization of $F_{K}$ is uniquely determined up to labelled 1 -isotopy and covering moves $R_{1}$ and $R_{2}$. In this sense, $F_{K}$ actually depends only on the 2-equivalence class of $K$.

In the light of the results of Section 4, we will relax the vertical triviality condition for the link $L^{\prime}$ in step (c) of our construction to just triviality (see Remark 4.4). However, we temporarily impose the vertical triviality condition, in order to be able to prove that $F_{K}$ does not depend (in the above sense) on the choice of $L^{\prime}$, without resorting to the results of the next section.

Given an ordinary Kirby diagram $K$ describing a 4-dimensional 2-handlebody $H^{0} \cup H_{1}^{1} \cup \ldots \cup H_{m}^{1} \cup H_{1}^{2} \cup \ldots \cup H_{n}^{2}$, let $B_{1}, \ldots, B_{m}$ be the disjoint disks spanned by the unknots corresponding to the 1-handles and $L_{1}, \ldots, L_{n}$ be the framed loops corresponding to the 2-handles. We put $L=L_{1} \cup \ldots \cup L_{n}$ and think of it indistinctly as a link or as a link diagram. Moreover, we assume that the $B_{i}$ 's project regularly onto disjoint disks in the diagram plane and that the link diagram $L$ is disjoint from such disks except for the paths that pass through the 1-handles (as in Figure 45). Then, the construction of the labelled ribbon surface $F_{K}$ is accomplished by the following steps:
(a) add to $K$ two standard disks $A_{0}, B_{0} \subset R^{3}$ as in Figure 44;


Figure 44.
(b) choose a vertically trivial state $L^{\prime}$ of $L$ (cf. Remark 4.4) and call $L_{i}^{\prime}$ the component of $L^{\prime}$ corresponding to $L_{i}$; we think of $L^{\prime}$ as a vertically trivial link which coincides with $L$ outside $G_{1} \cup \ldots \cup G_{l}$, where each $G_{i}$ is a cylinder projecting onto a small circular neighborhood of a changing crossing (of course, this is possible only after having suitably vertically isotoped $L$ ); such a cylinder $G_{i}$, together with the relative portion of diagram, is depicted in Figure 45 (a) and (b), where $j$ and $k$ may or may not be distinct; here $C_{i} \subset G_{i}$ is a regularly embedded disk without vertical tangencies, separating the two arcs of $L \cap G_{i}$ and forming four transversal intersection with $L^{\prime}$;

(a)


(b)

(c)

Figure 45.
(c) for each 1-handle $H_{i}^{1}$, consider a parallel copy $B_{i}^{\prime}$ of the disk $B_{i}$ spanned by the corresponding dotted unknot, on one of the two sides of it (see Figure 46 (a) and (b)); denoting by $E_{i}$ the cylinder between $B_{i}$ and $B_{i}^{\prime}$, we assume that $L^{\prime} \cap E_{i}=L \cap E_{i}$ consists of trivial arcs passing through $H_{i}^{1}$, as shown in Figure 46 (b); of course, the height function of the disks $B_{i}$ and $B_{i}^{\prime}$ varies accordingly with that of such arcs;


Figure 46.
(d) consider disjoint (possibly non-orientable) narrow closed ribbons $A_{1}, \ldots, A_{n} \subset$ $R^{3}$, such that each $A_{i}$ has $L_{i}^{\prime}$ as a boundary component and is obtained by regular vertical homotopy from a ribbon representing half the framing of $L_{i}$ plus one positive (resp. negative) full twist for each positive (resp. negative) crossing of $L_{i}$ inverted to get $L_{i}^{\prime}$; each $A_{i}$ is assumed to be disjoint from $A_{0} \cup B_{0}$ and to form with the $B_{j}$ 's, $B_{j}^{\prime}$ 's and $C_{k}$ 's only ribbon intersections, as shown in Figures 45 (c) and 46 (c);
(e) form a connected non-singular surface $A=A_{0} \cup A_{1} \cup \ldots \cup A_{n} \cup \alpha_{1} \cup \ldots \cup \alpha_{n}$, where each $\alpha_{i}$ is a narrow band between $\operatorname{Bd} A_{0}$ and $\operatorname{Bd} A_{i}-L_{i}^{\prime}$, which is assumed to be disjoint from $B_{0}$ and from the $E_{j}$ 's and the $G_{k}$ 's; we constrain the $\alpha_{i}$ 's to assume height values disjoint from the ones of the link $L^{\prime}$; more precisely, if [ $a_{i}, b_{i}$ ] is the height interval of $L_{i}^{\prime}$, then we assume that $\alpha_{i}$ takes height values just below $a_{i}$; this last assumption is much more than we really need (cf. Remark 4.4), nevertheless we make it in order to keep things simpler;
$(f)$ form a connected non-singular surface $B=B_{0} \cup B_{1}^{\prime} \cup \ldots \cup B_{m}^{\prime} \cup C_{1} \cup \ldots \cup C_{l} \cup$ $\beta_{1} \cup \ldots \cup \beta_{m} \cup \gamma_{1} \cup \ldots \cup \gamma_{l}$, where each $\beta_{i}$ is a narrow band between $\operatorname{Bd} B_{0}$ and $\operatorname{Bd} B_{i}^{\prime}$ and each $\gamma_{i}$ is a narrow band between $\operatorname{Bd} B_{0}$ and $\operatorname{Bd} C_{i}$; all these bands are assumed to be disjoint from $A \cup B_{1} \cup \ldots \cup B_{m}$ and from the interiors of the $E_{j}$ 's and the $G_{k}$ 's;
$(g)$ define $F_{K} \subset B^{4}$ to be the ribbon surface having $A \cup B \cup B_{1} \cup \ldots \cup B_{m}$ as 3dimensional diagram, with the unique labelling assigning to $A_{0}$ the transposition (12) and to $B_{0}, B_{1}, \ldots, B_{m}$ the transposition (2 3); in particular, Figure 47 shows such labelling in a neighborhood of $C_{i}$ (on the left) and in a neighborhood of $B_{i}$ (on the right).


Figure 47.
It is worth noting that, by Remark 2.7 one more step could be added in order to make the ribbon surface $F_{K}$ orientable and even more to make its diagram blackboard parallel. However, we omit such additional step, since we will not need those properties in what follows.

Figure 48 depictes the labelled surface $F_{K}$ obtained from a Kirby diagram $K$ in the standard form of Figure 23, for suitable choices of the connecting bands. Here, the bands $\beta_{1}, \ldots, \beta_{m}$ have been deformed into the vertical bar parallel to the disks $B_{1}, \ldots, B_{m}$.


Figure 48.

Proposition 3.1. Let $K$ an ordinary Kirby diagram. Then the 4 -stabilization of the labelled ribbon surface $F_{K}$ constructed above is uniquely determined by $K$, that is it does not depend on the choices involved in the construction, up to labelled 1-isotopy and moves $R_{1}$ and $R_{2}$.

Proof. First of all, as a preliminary, we add some extra structure to the above construction of $F_{K}$. Namely, we consider disjoint disks $D_{1}, \ldots, D_{n} \subset R^{3}$ respectively spanned by $L_{1}^{\prime}, \ldots, L_{n}^{\prime}$, such that the intersection of $D_{1} \cup \ldots \cup D_{n}$ with any horizontal plane is either empty, one point or one arc.

Without loss of generality, we assume that each disk $D_{i}$ forms only clasps and ribbon intersections with $F_{K}$, apart from $L_{i}^{\prime}$. Namely, we assume that: 1) $D_{i} \cap A_{i}$ consists of $L_{i}^{\prime}$ and a certain number of disjoint clasps connecting $L_{i}^{\prime}$ with the other boundary component of $A_{i}$, in such a way that $D_{i} \cup A_{i}$ is collapsible; 2) the $D_{i}$ 's form with each $C_{j}$ four clasps and some (possibly none) ribbon intersections, as shown in Figure 49 (left side); 3) the $D_{i}$ 's form with each $B_{k} \cup B_{k}^{\prime}$ two clasps for each arc of $L^{\prime}$ passing through $H_{k}^{1}$ and some (possibly none) ribbon intersections, as shown in Figure 49 (right side); 4) the $\gamma_{j}$ 's and the $\beta_{k}$ 's may pass through the $D_{i}$ 's, forming ribbon intersections with them. Finally, we observe that, by construction, each $D_{i}$ is disjoint from the $A_{j}$ 's with $j \neq i$ and from all the $\alpha_{j}$ 's.


Figure 49.
At this point we pass to the core of the proof. Given an ordinary Kirby diagram $K$, the relevant choices occurring in the construction of $F_{K}$ are, in the order: 1) the vertically trivial state $L^{\prime} ; 2$ ) the side of each $B_{i}$ where the corresponding $B_{i}^{\prime}$ is situated; 3) the bands $\left.\alpha_{1}, \ldots, \alpha_{n} ; 4\right)$ the bands $\left.\beta_{1}, \ldots, \beta_{m} ; 4\right)$ the bands $\gamma_{1}, \ldots, \gamma_{l}$.

We prove that the 4 -stabilization of $F_{K}$ is independent on these choices, up to labelled 1-isotopy and moves $R_{1}$ and $R_{2}$, by proceeding in the reverse order and assuming each time that all previous choices have been fixed. By Propositions 2.5 and 2.6, in addition to moves $R_{1}$ and $R_{2}$, we can use also the moves $R_{3}, R_{4}, R_{5}$ and $R_{6}$ introduced in the previous section, as well as the inverses of all such moves.

Concerning the $\alpha_{i}$ 's, the $\beta_{i}$ 's and the $\gamma_{i}$ 's, it suffices to prove that, in presence of a stabilizing disk, labelled 1-isotopy and the moves above enable us to change them one by one.

Figure 50 shows how to deal with the band $\gamma_{i}$ of Figure 47 (left side). The small disk with label (34) in (a) is the stabilizing disk. This can be moved to form one ribbon intersection with $\gamma_{i}$ as in (d), by labelled 1 -isotopy and four moves $R_{2}$. Parts (b) and (c) of the figure represent 1-isotopic intermediate steps. Looking at the diagram,
we can realize such a modification by an isotopy $H: B^{2} \times[0,1] \rightarrow R^{3}$ between the two disks labelled (34) in (a) and (d), which is given by a suitable homeomorphism of $B^{2} \times[0,1]$ onto a regular neighborhood of $C_{i}$ whose boundary forms four ribbon intersections with $A_{j}$ and $A_{k}$. Finally, we perform one move $R_{3}^{-1}$ on $(d)$ to cut the band $\gamma_{i}$. The result is clearly independent of $\gamma_{i}$ up to diagram isotopy, so we are done.

(a)

(b)

(c)

(d)

Figure 50.

The same argument also works for the band $\beta_{i}$ of Figure 47 (right side), as illustrated by Figure 51. In this case, two $R_{2}$ moves for each arc passing through $H_{i}^{1}$ are needed in order to transform (a) into (d).


Figure 51.
The proof of the independence on $\alpha_{i}$ a little bit more involved, but still based on the same idea, as suggested by Figure 52. We warn the reader that Figure 52 is much more sketchy than Figure 50. In fact, in place of the disk $C_{i}$ we have here the complex $D_{i} \cup A_{i}$, which can be large and complicated, although still collapsible. Before starting the process, we let the stabilizing disk of Figure 50 (a) pass first through $B_{0}$ and then through $A_{0}$, in such a way that its label becomes (14), as in Figure 52 (a). This time, the need for move $R_{2}$ is due to the ribbon intersections that $A_{i}$ may form passing through the $B_{j}$ 's, the $B_{j}^{\prime}$ 's and the $C_{k}$ 's and those that the $B_{j}$ 's, the $B_{j}^{\prime}$ 's, the $C_{k}$ 's, the $\beta_{j}$ 's and the $\gamma_{k}$ 's may form passing through the interior of $D_{i}$ (cf. Figures 49). In particular, the ribbon intersections along $A_{i}$ always appear in pairs, each pair being formed with a $B_{j}$ and the corresponding $B_{j}^{\prime}$ or with one of the $C_{k}$ 's (cf. Figure 47). Any such pair looks like the one pictured in Figure 52 (a). Comparing steps (b) and (c), one sees how the stabilizing disk can be pushed beyond this pair, by using labelled 1-isotopy and moves $R_{2}$. On the other hand, only one move $R_{4}$ suffices to go beyond each one of the ribbon intersections in the
interior of $D_{i}$. Eventually, the stabilizing disk reach the position of step (d), so we can conclude as above by cutting the band $\alpha_{i}$.



(a)



(b)



(c)



(d)

Figure 52.
At this point, we have to prove that the side of $B_{i}$ we choose for $B_{i}^{\prime}$ is not relevant. This immediately follows from the fact that, once we cut the band $\beta_{i}$ in Figure $51(d)$, the disks $B_{i}$ and $B_{i}^{\prime}$ can be interchanged.

Now we pass to the vertically trivial state $L^{\prime}$. Recall that we are thinking of it as a vertically trivial link, that is a vertically trivial diagram together with a compatible height funtion. Of course, different choices of the height function compatible with the same diagram are related by a vertical diagram isotopy. Such an ambient isotopy can be used to relate the entire resulting surfaces except for the bands $\alpha_{1}, \ldots, \alpha_{n}$, due to the vertical constraints we imposed in their definition (cf. step (e) of the construction of $F_{K}$ ). However, this problem can be overcome by the above proof of independence on the $\alpha_{i}$ 's. Actually, this delicate point is the only obstruction to the naive solution of the problem of the independence on the $\alpha_{i}$ 's consisting of fixing a standard form for them.

Thus, having settled the problem of the height function, we are left with the modifications of Proposition 1.1 on the diagram. First we address the change of ordering of the link components. Of course, it is enough to deal with the transposition in the vertical order of any two components $L_{i}^{\prime}$ and $L_{j}^{\prime}$, that means to simultaneously

(a)

(b)

(c)

(d)

Figure 53.
change all the crossing involving both $L_{i}^{\prime}$ and $L_{j}^{\prime}$. Without loss of generality we assume that $L_{i}^{\prime}$ lies under $L_{j}^{\prime}$. We begin as above, operating with the stabilizing disk around $D_{i} \cup A_{i}$ to get the configuration of Figure $52(\mathrm{~d})$. As a result, we have a global labelling change on the ribbon $A_{i}$ from (12) to (2 4), while the labelling of $A_{j}$ is left unchanged. Then, we can perform the crossing changes as described in Figure 53. Here, apart from 1-isotopy, we have only one move $R_{4}$ relating (b) and (c). To be precise, Figure 53 covers only one of the two possible cases, the other one being covered by the same steps in the reverse order with the roles of $A_{i}$ and $A_{j}$ exchanged. After all the crossing changes have been performed, we bring the stabilizing disk back to the original position, by reversing the process of Figure 52.

Concerning single crossing changes making a vertically trivial component $L_{i}^{\prime}$ into a different vertically trivial state of $L_{i}$, there are four cases to be considered, depending on sign of the crossing and on whether $L_{i}^{\prime}$ coincides with $L_{i}$ at that crossing or not. In all cases, it is not restrictive to assume that the two points of $L_{i}^{\prime}$ projecting to the crossing are distinct from the unique minimum height point $p_{i}$ of $L_{i}^{\prime}$ and that the vertical segment joining them is contained in $D_{i}$. Such a segment divide $D_{i}$ into two disks. We call $D_{i}^{\prime}$ the one which does not contain $p_{i}$ and assume that the attaching arc of the band $\alpha_{i}$ to $A_{i}$ is disjoint from the part of $A_{i}$ running along the boundary of $D_{i}^{\prime}$.

$D_{i}^{\prime}$


(a)

$D_{i}^{\prime}$

(12)

(12)
(b)

$D_{i}^{\prime}$

(12)
(c)

$D_{i}^{\prime}$

(12)

$D_{i}^{\prime}$

(e)

Figure 54.

Figure 54 indicates how to realize the crossing change in one of the four cases. For the other three cases it suffices to apply a mirror symmetry to all the stages and/or reverse their order. First, we pass from (a) to (b) by the same process described in Figure 52, with the only difference that here we have $D_{i}^{\prime}$ in place of $D_{i}$. We continue that process one more step to get (c), by pushing the stabilizing disk beyond one of the two pairs of ribbon intersections between $A_{i}$ and $C_{j}$. Then, we obtain (d) from (c) in the same way we obtained (c) from (a) in Figure 53. Finally, we push back the stabilizing disk through the same ribbon intersections as above to achieve (e). At this point, we bring back the stabilizing disk in the original position, by reversing the process from (a) to (b), after having transferred the full twist present on it to $A_{i}$ by move $R_{6}$. We remind the reader that the additional full twist on $A_{i}$ compensates the change of crossing (cf. definition of $A_{i}$ in step $(d)$ of the construction of $F_{K}$ ).

Remark 3.2. Proposition 3.1 could be extended to generalized Kirby diagrams, of course by using labellings of arbitrary degree (cf. proof of Proposition 3.6). The reason for focusing on the ordinary case is that we want to control the degree of the converings, in view of the results of the next section.

So far we have proved that the labelled ribbon surface $F_{K}$ associated to a Kirby diagram $K$, is well defined up to 4 -stabilization, labelled 1 -isotopy and ribbon moves. The next proposition addresses the invariance of $F_{K}$ under 2-deformations of $K$.

Proposition 3.3. If $K$ and $K^{\prime}$ are 2-equivalent ordinary Kirby diagrams, then the 4-stabilizations of the labelled ribbon surfaces $F_{K}$ and $F_{K^{\prime}}$ are equivalent up to labelled 1-isotopy and moves $R_{1}$ and $R_{2}$.

Proof. We recall from Proposition 1.4 that the 2-equivalence of ordinary Kirby diagrams is generated by diagram isotopy and by the first move of Figure 18 and the second ones of Figures 19 and 20. Hence, we are done one we prove the invariance of $F_{K}$, up to labelled 1-isotopy and moves $R_{1}$ and $R_{2}$, under diagram isotopy of $K$ and under those three moves.

Concerning diagram isotopy, we first observe that any Reidemeister move on the link $L$ of the framed components of $K$ induces the same move on the vertically trivial state $L^{\prime}$ and so just a diagram isotopy on $F_{K}$, provided that none of the involved crossings (before as well as after the move) has been changed when passing from $L$ to $L^{\prime}$. The reason is that in this case the two links coincide inside a small 3 -cell where the move takes place and such 3 -cell is free from the $C_{i}$ 's.

We leave to the reader the straightforward verification that a vertically trivial state $L^{\prime}$ of $L$ with the required property can be always achieved, with the only exception depicted in Figure 55, by a suitable application of the naive unknotting procedure described in Section 1 (with height function on each component as in Figure 8 (a) or (c), depending on the move).


Figure 55.
In the remaining case of Figure 55, we need to invert at least one of the two crossings formed by $L_{i}$ and $L_{j}$, in order to get the corresponding components $L_{i}^{\prime}$ and $L_{j}^{\prime}$ of the vertically trivial state $L^{\prime}$. Nevertheless, assuming that we invert the crissing inside the shaded circle, the move still induces diagram isotopy on $F_{K}$.

To complete isotopy moves for $K$, we have to consider some moves involving the dotted components. These moves are described in Figure 56. The two moves in the upper part of the figure clearly induce a labelled diagram isotopy on $F_{K}$, once a suitable vertically trivial state has been chosen for the move on the right (as above). Actually, also the two moves in the lower part correspond to labelled diagram isotopy of $F_{K}$, if $L^{\prime}$ coincide with $L$ at all the involved link crossings. But this is not always the case, so we may have to deal with the disk's $C_{k}$ at the crossings we changed to get the vertically trivial link $L^{\prime}$. Figure 57 shows how to handle these





Figure 56.
crossings for the bottom left move in Figure 56, after the modifications described in Figure 51 are perfomed on $B_{i}$ and $B_{i}^{\prime}$. Here, apart from 1-isotopy, we apply four moves $R_{4}$ to pass from (b) to (c).


Figure 57.
Now we pass to the other three moves. The first move of Figure 18 performed on ordinary Kirby diagrams trivially induces labelled isotopy on the corresponding labelled ribbon surfaces. Then, it remains to consider the cases of addition/deletion of cancelling $1 / 2$-handles (cf. Figure 19) and of 2-handle sliding (cf. Figure 20).

The first case is quite easy. In fact, if the disk $B_{i}$ and the loop $L_{j}$ of $K$ represent two cancelling handles $H_{i}^{1}$ and $H_{j}^{2}$, then in $F_{K}$ only the ribbon $A_{j}$ passes once through $B_{i}$. Therefore, by a move $R_{3}$ we can remove $B_{i}$ and break $A_{j}$ into two long tongues. At this point, labelled 1-isotopy allows us to completely retract such tongues and after that also $\beta_{i} \cup B_{i}^{\prime}$ and the $\gamma_{k} \cup C_{k}$ 's related to crossings involving $L_{j}$.

The case of a 2 -handle sliding requires some preliminaries. First of all, let us renumber the 2-handles starting from the two ones involved in the sliding, in such a way that $H_{1}^{2}$ slides over $H_{2}^{2}$. In terms of Kirby diagram, this means to replace $L_{1}$ with the band connected sum $L_{1} \#_{\delta} \bar{L}_{2}$, where $\bar{L}_{2}$ is a parallel copy of $L_{2}$ realizing its framing, and $\delta$ is a band connecting $L_{1}$ to $\bar{L}_{2}$. Up to isotopy, $\delta$ can be assumed to be a blackboard parallel band which does not form any crossing with the $L_{i}$ 's, as in Figure 58 (a). We also assume that the vertically trivial state $L^{\prime}$ chosen to construct $F_{K}$ satisfies the following properties: 1) the vertical order of the components is the one given the numbering, that is $L_{i}^{\prime}$ lies under $L_{j}^{\prime}$ for any $i<j$;
2) the minimum point $p_{1}$ (resp. $p_{2}$ ) and the maximum point $q_{1}$ (resp. $q_{2}$ ) of the height function on $L_{1}^{\prime}$ (resp. $L_{2}^{\prime}$ ) coincide with the end points of (resp. are close to) the attaching arc of $\delta$ to $L_{1}$ (resp. $\bar{L}_{2}$ ), as in Figure 58 (b). Here, the arrows indicate the orientations that we will use in the framing computation at the end of the proof, so they are not relevant for the moment. Finally, we choose $\alpha_{1}$ and $\alpha_{2}$ to be blackboard parallel bands, such that $\delta$ can be thought to run parallel to them and to the part of $\operatorname{Bd} A_{0}$ between them, as in Figure $58(c)$. For the sake of convenience, the framing of $L_{2}$ and the ribbon $A_{2}$ are assumed to be blackboard parallel outside the twist boxes $t$ and $t^{\prime}$ respectively in Figure 58 (a) and (c). We warn the reader that the number of twists inside such boxes is not the same in (a) and (c), accordingly to step $(d)$ of the construction on $F_{K}$.


Figure 58.

Once it has been set up in this way, the sliding can be interpreted in terms of ribbon moves on the 4 -stabilization of $F_{K}$ as sketched in Figure 59. We think of $A_{1}$ as a 1-handle attached to $\mathrm{Cl}\left(A-A_{1}\right)$ and slide one of its attaching arcs along the boundary of $\mathrm{Cl}\left(A-A_{1}\right)$ as indicated by the arrows in (a) and (b). Before of reaching the twist box $t$, this sliding can be entirely realized by labelled diagram isotopy, except for the labelled 1-isotopy moves (of types $I_{2}$ and $I_{3}$ ) needed to pass through the disks $C_{i}$ encountered by $A_{2}$. Each time a disk $C_{i}$ is passed through, two new ribbon intersections appear as shown in part (a) of Figure 60. Then, we


Figure 59.
use again 1-isotopy to split $C_{i}$ into two twin disks similar to the original one, as suggested by the remaining parts of Figure 60.

(a)

(b)

(c)

(d)

Figure 60.
When traversing the twist box $t^{\prime}$ in (b) to get the twist box $T$ in (c), after having followed all the twists of $A_{2}$, we add some further crossings between $A_{2}$ and the parallel closed ribbon $\bar{A}_{2}$ (together with further $C_{i}$ 's), in order to make them unlinked. Actually, $\bar{A}_{2}$ itself is always well defined thanks to these additional crossings, having their number the same parity as the number of half twists in $t^{\prime}$. Figure 61 shows how to add a positive crossing; for a negative one it suffices to mirror the figure. Here, some moves other than 1-isotopy are needed: one move $R_{5}$ from (a) to (b); two opposite moves $R_{6}$ (twist transfers) from (c) to (d); two moves $R_{1}$ from (d) to (e).

(a)

(d)

(b)

(e)

(c)

(f)

Figure 61.
Then, we consider a disk $D_{2}$ spanned by $L_{2}^{\prime}$ as in the proof of Proposition 3.1 and perturb it near to $A_{2}$ in such a way that it becomes disjoint from $\bar{A}_{2}$, while remaining disjoint from all the other $A_{i}$ 's and continuing to form only clasps and ribbon intersections with the rest of the surface. Such a perturbed disk can be used in place of the original one in the process of Figure 52, to bring the stabilizing disk around $\alpha_{2}$. After that, we cut $\alpha_{2}$ by a move $R_{3}^{-1}$ to obtain the labelled surface of Figure 59 (d). At this point, we can continue the sliding as indicated by the arrow
and we can change all the crossings where $\bar{A}_{2}$ passes over $A_{2}$, by operating as in Figure 53. In this way we get (e), where $\bar{A}_{2}^{\prime}$ and $T^{\prime}$ differ from $\bar{A}_{2}$ and $T$ only by the performed crossing changes. To end up with (f), we first observe that $\bar{A}_{2}^{\prime}$ crosses always under $A_{2}$, so it can be pushed down below the plane $z=a_{2}$ (recall that [ $a_{2}, b_{2}$ ] is the height interval of $L_{2}^{\prime}$ ). Hence, after having restored the band $\alpha_{2}$ by a move $R_{3}$, we can use the process of Figure 52 in the opposite direction, this time with the original disk $D_{2}$, to take back the stabilizing disk.

Finally, we want to verify that the labelled ribbon surface resulting from all the above modifications coincides with $F_{K^{\prime}}$, where $K^{\prime}$ is the ordinary Kirby diagram obtained from $K$ by replacing $L_{1}$ with $L_{1} \#_{\delta} \bar{L}_{2}$.

Looking at Figure 59 (f), we call $\bar{L}_{2}^{\prime}$ the core of $\bar{A}_{2}^{\prime}$ and observe that here the original ribbon $A_{1}$ has been replaced by the ribbon $A_{1} \#_{\delta} \bar{A}_{2}^{\prime}$ with core $L_{1}^{\prime} \#_{\delta} \bar{L}_{2}^{\prime}$. Taking into account the choices made at the beginning about the height function of $L^{\prime}$ and taking care to preserve the vertical triviality of $\bar{L}_{2}^{\prime}$ when pushing down $\bar{A}_{2}^{\prime}$, we can assume that $L_{1}^{\prime} \#{ }_{\delta} \bar{L}_{2}^{\prime}, L_{2}^{\prime}, \ldots, L_{n}^{\prime}$ form a vertically trivial link.

We claim that, up to isotopy, this is a vertically trivial state of the link formed by $L_{1} \#{ }_{\delta} \bar{L}_{2}, L_{2}, \ldots, L_{n}$ and that the crossings at which the two links differ are exactly the ones marked by the presence of a disk $C_{i}$. In fact, it is clear from the construction that, by inverting such crossings in the vertically trivial link formed by $L_{1}^{\prime} \#{ }_{\delta} \bar{L}_{2}^{\prime}, L_{2}^{\prime}, \ldots, L_{n}^{\prime}$, we get a link of components $L_{1} \#_{\delta} \widehat{L}_{2}, L_{2}, \ldots, L_{n}$, where $\widehat{L}_{2}$ is a certain parallel copy of $L_{2}$. Then, our claim reduces to asserting that $\bar{L}_{2}$ and $\widehat{L}_{2}$ represent the same framing of $L_{2}$, that is $\operatorname{Lk}\left(L_{2}, \bar{L}_{2}\right)=\operatorname{Lk}\left(L_{2}, \widehat{L}_{2}\right)$. This equality between linking numbers follows from some easy computations involving the writhes $w_{2}=\operatorname{Wr}\left(L_{2}\right)$ and $w_{2}^{\prime}=\operatorname{Wr}\left(L_{2}^{\prime}\right)$ and the signed number $c_{2}=\left(w_{2}-w_{2}^{\prime}\right) / 2$ of the crossings of $L_{2}$ inverted to get $L_{2}^{\prime}$. Denoting by $f_{2}=\operatorname{Lk}\left(L_{2}, \bar{L}_{2}\right)$ the framing of $L_{2}$ in $K$, we have $f_{2}-w_{2}$ full twists inside the twist box $t$ of Figure 58 and $f_{2}+2 c_{2}-2 w_{2}$ half twists inside the twist box $t^{\prime}$ of Figure 59 (see step (d) in the definition of $F_{K}$ ). As a consequence, the additional crossings we inserted inside the twist box $T$ of Figure 59 is $-2 w_{2}^{\prime}-\left(f_{2}+2 c_{2}-2 w_{2}\right)=2 c_{2}-f_{2}$. Then, the signed number of the crossings between $A_{2}$ and $\bar{A}_{2}$ marked by the $C_{i}$ 's is $-f_{2}$, being $-2 c_{2}$ the signed number of such crossings outside the twist box $T$. Since both $\bar{A}_{2}$ and $\bar{A}_{2}^{\prime}$ are unlinked from $A_{2}$, this number of crossings remains unchanged if we replace $\bar{A}_{2}$ with $\bar{A}_{2}^{\prime}$ and we can conclude that $\operatorname{Lk}\left(L_{2}, \widehat{L}_{2}\right)=f_{2}$.

It remains to check that the ribbon $A_{1} \#_{\delta} \bar{A}_{2}^{\prime}$ in Figure 59 (f) represents the right half integer framing of $L_{1}^{\prime} \#{ }_{\delta} \bar{L}_{2}^{\prime}$. To do that, we orient $L_{1}, L_{2}, L_{1}^{\prime}$ and $L_{2}^{\prime}$ accordingly to Figure $58(b)$. Then, the signed number of crossings of $L_{1} \#{ }_{\delta} \bar{L}_{2}$ to be inverted in order to get $L_{1}^{\prime} \#{ }_{\delta} \bar{L}_{2}^{\prime}$ is $c_{1}+c_{2}+\operatorname{Lk}\left(L_{1}, L_{2}\right)$, where $c_{1}$ is defined analogously to $c_{2}$. On the other hand, the framing of $L_{1} \# \delta_{\delta} \bar{L}_{2}$ in $K^{\prime}$ is $f_{1}+f_{2}+2 \operatorname{Lk}\left(L_{1}, L_{2}\right)$, where $f_{1}$ is the framing of $L_{1}$ in $K$, and so $A_{1} \#_{\delta} \bar{A}_{2}^{\prime}$ should be equivalent up to vertical regular homotopy to a ribbon representing the half integer framing $f_{1} / 2+f_{2} / 2+c_{1}+c_{2}+$ $2 \mathrm{Lk}\left(L_{1}, L_{2}\right)$. The reader can easily realize that this is the case, taking into account that $\operatorname{Wr}\left(L_{1} \# \delta \bar{L}_{2}\right)=w_{1}+w_{2}+2 \operatorname{Lk}\left(L_{1}, L_{2}\right)$, where $w_{1}=\operatorname{Wr}\left(L_{1}\right)$.

Remark 3.4. Let us recall that any crossing in a Kirby diagram $K$ can be inverted, up to 2 -deformation, by adding a suitable pair of $1 / 2$-handles, as shown in Figure 62 . In the light of the preceding proposition, any disk $C_{i}$ in the 4 -stabilization of $F_{K}$ can interpreted, up to labelled 1-isotopy and ribbon moves, as such a pair of


Figure 62.
1/2-handles. A direct proof of this fact is provided in Figure 63. Here, apart from labelled 1-isotopy, we perform two twist transfers (moves $R_{6}^{ \pm}$) to get (c) from (b) and one move $R_{5}$ followed by one more twist transfer to get (d) from (c).

(a)

(b)

(c)

(d)

Figure 63.
To complete this section we are left with showing that, up to 2-deformations, the construction of $F_{K}$ given above is inverted by that one of $K_{F}$ given in the previous section. As observed at the beginning of the section, this implies that any 2-equivalence class of 4 -dimensional 2 -handlebodies can be represented as a simple branched covering of $B^{4}$ (cf. Proposition 3.6). In particular, we can insist that the covering has degree 3 in the case of connected handlebodies.

Proposition 3.5. Let $K$ be an ordinary Kirby diagram and $F=F_{K}$ be the corresponding labelled ribbon surface. Then, the generalized Kirby diagram $K_{F}$ is equivalent to $K$ up to 2-deformation moves.

Proof. Recall that for constructing $K_{F}$ one need first to choose an adapted 1handlebody structure on $F$, even if the 2-equivalence class of $K_{F}$ is independent on this choice by Proposition 2.2.

We claim that there exists an adapted 1-handlebody structure on $F$, naturally related to the above construction, such that the generalized Kirby diagram $K_{F}$ constructed starting from it is equivalent to $K$ up to labelled isotopy, 1-handle slidings and deletion of cancelling $0 / 1$-handles.

Without loss of generality, we suppose that $K$ is in the standard form of Figure 23 and that the surface $F_{K}$ is as in Figure 48. Moreover, we adopt all the notations introduced during the construction of $F_{K}$.

To specify the adapted handlebody structure of $F$, we first decompose each ribbon $A_{i} \subset F$ as $A_{i}^{0} \cup A_{i}^{1}$, where $A_{i}^{0}$ is a small 0-handle containing the attaching arc of $\alpha_{i}$ and $A_{i}^{1}$ is a 1 -handle. Then, we consider the adapted 1 -handlebody structure of $F$ whose 0 -handles are $A_{0} \cup \alpha_{1} \cup \ldots \cup \alpha_{n} \cup A_{1}^{0} \cup \ldots \cup A_{n}^{0}, B, B_{1}, \ldots, B_{m}$ and whose 1-handles are $A_{1}^{1}, \ldots, A_{n}^{1}$ (cf. Figures 44 and 48). By a suitable choice of the $\alpha_{i}$ 's and the $\gamma_{i}$ 's we can assume that all the 0 -handles are blackboard parallel.


Figure 64.

The generalized Kirby diagram $K_{F}$ constructed starting from this handlebody structure is sketched in Figure 64. Here, as well as in all the figures of this proof, we omit to draw the framings for the sake of readability. Some further details of $K_{F}$ are shown in Figures 65 and 66. The labelled isotopy modifications described there are performed at all the $\alpha_{i}$ 's and at all the crossings between the $A_{i}$ 's.


Figure 65.


(13)





Figure 66.

Once such modifications have been performed, we slide all the 1-handles corresponding to the $B_{i}$ 's over the one corresponding to $B$, in such a way that, up to diagram isotopy, we are left with the diagram of Figure 67. Here we have two overlapping but vertically separated tangle boxes $T$ (in front) and $T^{\prime}$ (in back), respectively labelled by 2 and 1 .


Figure 67.
Disregarding for the moment the framings, the link formed by the undotted components in Figure 67 is the componentwise band connected sum of the original link $L$ and a parallel copy $L^{\prime \prime}$ of its vertically trivial state $L^{\prime}$ pushed down to cross under everything else (including the dotted components). Each component $L_{i}$ of $L$ is connected to the corresponding component $L_{i}^{\prime \prime}$ of $L^{\prime \prime}$ by a band $\gamma_{i}$ running back and forth on the two sides of $\alpha_{i}$. Since $L^{\prime \prime}$ is trivial and unlinked from the rest of the diagram and the bands $\gamma_{i}$ can be assumed to be disjoint from a set of trivializing disks for $L^{\prime \prime}$, we can isotope the diagram to get back $K$ entirely labelled by 2 with two extra dotted components labelled by 1,2 and 2,3 separated from it. Finally, such dotted components can be eliminated by 0/1-handle cancellation.

Consider now the framings. To verify that the final framings we obtain coincide with the original ones, we proceed like in the last part of the proof of Proposition 3.1. Let $f_{i}$ be the framing of $L_{i}$ in $K$ and $c_{i}$ be the signed number of the crossings of $L_{i}$ inverted to get $L_{i}^{\prime}$, that is $c_{i}=\left(w_{i}-w_{i}^{\prime}\right) / 2$ where $w_{i}=\operatorname{Wr}\left(L_{i}\right)$ and $w_{i}^{\prime}=\operatorname{Wr}\left(L_{i}^{\prime}\right)$. We observe that the framing of $L_{i} \#_{\gamma_{i}} L_{i}^{\prime \prime}$ in the diagram of Figure 67 is the band connected sum of two half integer framings along $L_{i}$ and $L_{i}^{\prime \prime}$, both of which differ from the blackboard framing by $f_{i}+2 c_{i}-2 w_{i}$ half twists. Hence, for $L_{i} \#_{\gamma_{i}} L_{i}^{\prime \prime}$ we have $f_{i}+2 c_{i}-2 w_{i}$ full twists added to the blackboard framing. After we have performed the $0 / 1$-handle cancellations to reduce the diagram to an ordinary one, the blackboard framing of $L_{i} \#_{\gamma_{i}} L_{i}^{\prime \prime}$ can be encoded in the usual way by the integer $w_{i}+w_{i}^{\prime}$. So we are done, since $\left(f_{i}+2 c_{i}-2 w_{i}\right)+\left(w_{i}+w_{i}^{\prime}\right)=f_{i}$.

For future reference (see Remark 4.4), we observe that the proof of the above Proposition 3.5 still works if we assume that the link $L^{\prime}$ used in the construction
of $F_{K}$ is any trivial state of $L$ and not necessarily a vertically trivial state of it. In fact, the vertical triviality of $L^{\prime}$ has been used only to conclude that $L^{\prime \prime}$ is trivial and for that the triviality of $L^{\prime}$ suffices.

Proposition 3.6. Any orientable 4-dimensional 2-handlebody $H$ with c connected components is 2 -equivalent to a special one having generalized Kirby diagram of the form $K_{F}$, for some labelled (orientable) ribbon surface $F \subset B^{4}$ representing $H$ as a simple branched covering of $B^{4}$ of degree 3c.

Proof. Up to 1 -handle sliding and deletion of cancelling $0 / 1$-handles, we can assume that $H$ has one 0 -handle in every component. So, it can be represented by a generalized Kirby diagram $K$ which is the disjoint union of $c$ ordinary Kirby diagrams $K_{1}, \ldots, K_{c}$, such that each $K_{i}$ is separated from all the others and is entirely labelled by $i$. Disregarding these labels, we construct the labelled ribbon surfaces $F_{K_{1}}, \ldots, F_{K_{c}}$. Then, we put $F=F_{K_{1}} \sqcup \ldots \sqcup F_{K_{c}}$, after the labels $1,2,3$ of each $F_{K_{i}}$ has been replaced respectively by $3 i-2,3 i-1,3 i$. The 4 -dimensional 2-handlebody represented by $F$ as a $3 c$-fold branched covering of $B^{4}$ can be proved to be 2-equivalent to $H$, by applying Proposition 3.5 componentwisely. For the orientability of $F$, we refer to Remark 2.7.

Remark 3.7. Notice that in both the above Propositions 3.5 and 3.6, once a suitable 1-handlebody structure is fixed on $F$, only 1-handle sliding and addition/deletion of cancelling 0/1-handles are needed to get the wanted 4-dimensional 2-handlebody from $K_{F}$, up to handle isotopy.

## 4. The equivalence theorems

This section completes the proof of the four equivalence theorems stated in the Introduction. The first and main step, is to show that 4-dimensional 2-handlebodies up to 2-deformation are bijectively represented, through the map $F \mapsto K_{F}$, by simply labelled ribbon surfaces up to labelled 1-isotopy, stabilization and ribbon moves $R_{1}$ and $R_{2}$, besides labelling conjugation (remember that labelling is actually defined only up to conjugation in $\Sigma_{d}$ ).

Like in the previous section, we first restrict our attention to the connected case and then come back to the general case with Proposition 4.5. Recall that, for the connected case, we also have the map $K \mapsto F_{K}$, which associates to each ordinary Kirby diagram $K$ a labelled ribbon surface $F_{K}$ (defined up to labelled 1-isotopy and ribbon moves) representing its 2 -equivalence class as a 3 -fold simple branched covering of $B^{4}$. In the light of Proposition 3.5, we will be done once we prove that such map is surjective up to labelled 1-isotopy, stabilization and ribbon moves $R_{1}$ and $R_{2}$. This is the aim of Propositions 4.2 and 4.3.

To begin with, we notice that a $d$-fold simple branched covering of $B^{4}$ represented by a labelled ribbon surface $F \subset B^{4}$ is connected if and only if the transpositions which appear as labels of any diagram of $F$ generate a transitive subgroup of the symmetric group $\Sigma_{d}$. This is trivially equivalent to say that they generate all $\Sigma_{d}$.

In particular, in this case we can use labelled 1-isotopy move $I_{2}$ to expand from $F$ a tongue which, after a suitable sequence of ribbon intersections, is labelled with any given transposition $\tau \in \Sigma_{d}$ on its tip. Passing all the rest of the diagram through
the tip of such a tongue and putting everything back in the original position, has the same effect as conjugating all the labels by $\tau$. Hence, any labelling conjugation can be obtained by a suitable labelled 1-isotopy. This is the reason why labelling conjugation does not appear in the statements of our equivalence theorems concerning connected coverings, while it does in Proposition 4.5.

Before going on, we also introduce the following notion of special position for a labelled ribbon surface $F \subset B^{4}$ representing a (possibly disconnected) simple branched covering of $B^{4}$. We say that $F$ is in special position if its diagram is entirely contained in the projection plane except for a finite number of ribbon half twists and of ribbon intersections and crossings as the ones depicted in Figure 68 with $i, j, k$ and $l$ all distinct and $i<j<k$.


Figure 68.
Labelled ribbon surfaces in special position have some remarkable properties that will be useful in the next proofs. Namely, any such $F$ is the disjoint union of subsurfaces $F_{1}, \ldots, F_{d-1}$, where $d$ is the degree of the covering, such that: 1) the labels attached to $F_{i}$ are all of the type $(i j)$ with $j=i+1, \ldots, d$, and so $F_{d-1}$ is entirely labelled by $(d-1 d) ; 2) F_{i}$ does not form ribbon self intersections or self crossings, that is its diagram can be considered planar except for ribbon half twists; 3) all the ribbon intersections of $F$ consist of a ribbon of $F_{i}$ which pass through a ribbon of $F_{j}$ with $i<j$, hence $F_{1}$ is nowhere passed through by any other $F_{i}$.

Clearly, special position is quite restrictive. For example, even the very peculiar labelled ribbon surfaces $F_{K}$ are not in special position, due to the ribbon crossings inside the tagle box and to the disks $B_{i}$. Nevertheless, the next lemma tells us that things are different if we reason up to ribbon moves.

Lemma 4.1. Any labelled ribbon surface representing a connected simple branched covering of $B^{4}$ of degree $d \geq 3$ can be put in special position through labelled 1-isotopy and moves $R_{1}$ and $R_{2}$.

Proof. Let $F \subset B^{4}$ be a labelled ribbon surface as in the statement. Forgetting the labelling restrictions of Figure 68, labelled diagram isotopy allows us to make the diagram of $F$ entirely contained in the projection plane except for a finite number of ribbon half twists and of ribbon intersections and crossings. We omit the details of this essentially trivial step and focus on the task of eliminating the ribbon intersections and crossings which do not satisfy the above labelling restrictions.

We change any ribbon intersection between ribbons with disjoint monodromies into a crossing, by a move $R_{2}$. Moreover, we change any crossing between ribbons with non-disjoint monodromies into two ribbon intersections, by the first labelled 1 -isotopy move of Figure 69 , where $k$ may or may not be equal to $j$. Then, we




Figure 69.
apply the second labelled 1 -isotopy move of Figure 69 , where $k \notin\{i, j\}$, to eliminate all the ribbon intersections between ribbons with the same monodromy. Here, we use the hypotheses that the covering is connected and has degree $d \geq 3$, to get the tongue labelled by $(i k)$ on its tip. We choose such a tongue to minimize the number of ribbon intersections and crossings, so that none of these is formed with a ribbon having the same monodromy. As above, we replace any crossing with a ribbon having non-disjoint monodromy by two ribbon intersections and any ribbon intersection with a ribbon having disjoint monodromy by a crossing.

Thus, we are left only with ribbon intersections and crossings as in Figure 68, with $i, j, k$ and $l$ all distinct. The ones which do not satisfy the inequalities $i<j<k$ can be eliminated, by performing one move $R_{5}$ followed by two moves $R_{1}^{ \pm 1}$ for the ribbon intersections and just one move $R_{4}$ for the crossings.

Let us now pass to the announced Propositions 4.2 and 4.3.
Proposition 4.2. Up to labelled 1-isotopy and moves $R_{1}$ and $R_{2}$, any labelled ribbon surface $F \subset B^{4}$ representing a connected simple branched covering of $B^{4}$ of degree $d \geq 3$ is equivalent to the $d$-stabilization of a labelled ribbon surface $F^{\prime} \subset B^{4}$ representing a simple 3 -fold branched covering of $B^{4}$.

Proof. We proceed by induction on $d$. For $d=3$ there is nothing to prove. Given $F$ as in the statement with $d>3$, we prove that it is equivalent to the $d$-stabilization of a labelled ribbon surface representing a simple branched covering of $B^{4}$ of degree $d-1$.

To prove the inductive step, we first put $F$ in special position, by applying Lemma 4.1, and modify it in such a way that the label (1 d) does not appear anymore in its diagram.

Notice that, all the labels $(1 d)$ of $F$ are attached to the subsurface $F_{1} \subset F$, consisting of the pieces of $F$ labelled by $(1 i)$, with $i=2, \ldots, d$. As we said after the definition of special position, $F_{1}$ does not form ribbon self intersections or self crossings and is nowhere passed through by any other component of $F$. Moverover, no piece of $F_{1}$ labelled by $(1 d)$ is crossed over by any ribbon.

Consider an adapted 1-handlebody decomposition on $F$ such that crossings and half twists only occur along 1 -handles. On the 0 -handles of $F_{1}$ which are labelled by
(1d), we operate as in Figure 70, where $1<i<d$. By choosing the tongue labelled (i d) to minimize the number of ribbon intersections and crossings, we can preserve special position (cf. proof of Lemma 4.1).


Figure 70.
After that, only some segments of 1-handles delimited by ribbon intersections are still labelled by $(1 d)$, as sketched on the left side of Figure 71, where $1<i<j<d$. Here, we have two cases, depending on whether the two delimiting ribbons have the same label or not. The upper part of the Figure shows how to reduce the first case to the second, while the lower part tells us how to eliminate the label ( $1 d$ ) in this second case. In both cases, we leave to the reader to restore special position and to check that no problem arise with ribbons which possibly cross under the tract labelled by ( $1 d$ ).

$\leadsto$
(1 i)



Figure 71.
Once the label $\left(\begin{array}{ll}1 d\end{array}\right)$ has been eliminated from the diagram of $F$, while preserving special position, we push $F_{1}$ down below all the rest of $F$, except for some tongue terminating at a ribbon intersection, as suggested by right side of Figure 72.


Figure 72.

This can be done by vertical diagram isotopy and moves $R_{4}$ at the ribbon crossings where $F_{1}$ crosses above $F-F_{1}$. Then, we slide $F_{1}$ horizontally under $F-F_{1}$ to make the diagram as in Figure 72, where $F_{1}$ is contained in the lower box and $F-F_{1}$ in the upper one, apart from the ribbons connecting the two boxes. Notice that the labels in the upper (resp. lower) box do not involve 1 (resp. d), while the labels of the connecting ribbons do not involve neither 1 nor $d$.

Finally, the modifications described in Figure 73 allows us to isolate a stabilizing disk labelled by ( $1 d$ ), by removing $d$ from all the other labels.


Figure 73.
Namely, we expand from the boxes two tongues labelled (1i) and (id) for some $i=2, \ldots, d-1$, as in (a). This can be always done, possibly after having expanded some other $\Sigma_{\{2, \ldots, d-1\}}$-labelled tongues connecting the two boxes, in order to make the traspositions in the upper (resp. lower) box generate all the symmetric group $\Sigma_{\{2, \ldots, d\}}\left(\right.$ resp. $\left.\Sigma_{d-1}\right)$. Then, we connect the tips of the two above tongues by a move $R_{3}$ and use labelled 1-isotopy to move the resulting new disk with label ( 1 d ) as indicated by the arrow in (b). Eventually, we get the diagram in (c), where also the upper box takes labels in $\Sigma_{d-1}$, as well as the lower one, so that the only label involving $d$ is the one of the disk between the two boxes. Such disk can be disentagled from the ribbons connecting the boxes by using move $R_{2}$, to get (d).

Proposition 4.3. For any labelled ribbon surface $F \subset B^{4}$ representing a connected 3 -fold simple branched covering of $B^{4}$, there exists an ordinary Kirby diagram $K$ such that the 4-stabilizations of $F$ and $F_{K}$ are equivalent up to labelled 1-isotopy and moves $R_{1}$ and $R_{2}$.

Proof. By Lemma 4.1, we can suppose $F$ to be in special position. In this case, as we said after the definition of special position, $F$ is the disjoint union of two non-empty subsurfaces $F_{1}$ and $F_{2}$, the first of which takes labels (12) and (13), while the second one is entirely labelled by (23). Moreover, the diagram of $F$ cannot have any ribbon crossing, since there are no disjoint transpositions in $\Sigma_{3}$, and all the ribbon intersections are formed by $F_{1}$ passing through $F_{2}$. These can be polarized to have planar projection as in the left side of Figure 68 with $i=1, j=2$ and $k=3$, up to labelled diagram isotopy which locally half twists the horizontal ribbon.

Consider an adapted 1-handlebody decomposition of $F$ such that half twists only occur along 1-handles. By move $I_{2}$ and the tongue technique already seen in the previous proofs, we insert a ribbon intersection along each 1-handle of $F_{2}$, taking care that special position is preserved. Then, we apply a move $R_{5}$ at every ribbon intersection of $F$. After that, $F_{2}$ is a disjoint union of disks and we can use move
$R_{6}$ to flatten its diagram into the projection plane, still preserving special position and the above polarization of the ribbon intersections. Finally, a labelled diagram isotopy suffices to put $F$ into the form depicted in Figure 74 (a). Such an isotopy can be realized in two steps: 1) lift all the (13)-labelled parts of $F_{1}$ above the projection plane and push all the (12)-labelled ones below it, by a vertical isotopy fixing $F_{2}$; 2) move the planar diagram of $F$ to the wanted form, by a suitable horizontal labelled isotopy. Of course, this last step does not preserve any more the special position.


Figure 74.

Let us assume that both tangle boxes in Figure 74 (a) are non-empty and that there are at least two (2 3)-labelled disks between them. We leave to the reader to see that such assumption can be made without loss of generality.

By labelled 1-isotopy, we move the rightmost (2 3)-labelled disk as suggested by the arrow, to form a long bar under the other ones like in (b). During this process all the labels in the upper box are changed in (12). Then, we obtain the four bars at top and bottom which appear in (c) by labelled diagram isotopy. In particular, the ones labelled by (12) are expanded from a 0 -handle of $F$ picked up from the upper box.

We warn the reader that the groupings of the vertical bands at different levels in Figure 74 (c), as well as in Figure 76 below, are totally uncorrelated. Their apparent correspondence in the diagrams has only a pictorial value.


Figure 75.

Figure 75 shows how to incorporate all the 0-handles in the lower box of Figure 74 (c) into the (12)-labelled bar at bottom. Here, apart from labelled 1-isotopy, only one move $R_{3}$ occurs between (b) and (c). Similarly, all the 0 -handles in the upper box can be incorporated into the (12)-labelled bar at top. After that, the two ribbon tangles consist of a certain number of bands which are attached directly to the top/bottom of the (12)-labelled bar. We subdivide such bands, by inserting new 0 -handles at the intermediate minima and maxima, in such a way that each one of the resulting pieces runs monotonically with respect to the vertical direction of the diagram plane. By labelled diagram isotopy, all the 0-handles corresponding to minima (resp. maxima) inside the upper (resp. lower) box can be moved to the lower (resp. upper) one.

Then, also the new 0-handles can be incorporated into the bars at top and bottom to get a diagram as in Figure 76 (a), where the ribbon tangles of Figure 74 (c) are replaced by ribbon braids. Denote by $X$ and $Y$ the corresponding ordinary braids, disregarding the ribbon half twists (cf. diagram (b) of Figure 76).


Figure 76.
Our next goal is to insert in the diagram a third box with a ribbon braid representing the blackboard framing of $Y^{-1} X^{-1}$, as in Figure 76 (b). The ribbon crossing relative to a standard generator of the braid group can be added just above the bottom bar, together with a small disk expanded from the (2 3)-labelled vertical bar on the left side, as shown in Figure 77. Such a modification essentially coincides


Figure 77.
with the one described in Figure 61, thus we already know how to realize it in terms of labelled 1-isotopy and ribbon moves. The inverse generator can be dealt with similarly. That is enough to get Figure 76 (b).


Figure 78.
Up to planar isotopy, diagram in Figure 76 (b) can be redrawn as in Figure 78. Figure 79 (a) indicates the order in which the bands deriving from the strings of the ribbon braid of Figure $76(b)$ are attached to the bottom bar in Figure 78 (b). Here, we numbered by $i$ and $i^{\prime}$ the two ends of the band corresponding to the $i$-th string. The same modification depicted in Figure 77 we have already used before, enables us to change this order, by pairing the two ends of the same band as in (b). After that, we can think of the $i$-th band as a (possibly non-orientable) closed ribbon $A_{i}$, connected to the bottom bar by a band $\alpha_{i}$, as suggested in (c). Moreover, we denote by $L_{i}^{\prime}$ the boundary component of $A_{i}$ disjoint from $\alpha_{i}$ and put $L^{\prime}=L_{1}^{\prime} \cup \ldots \cup L_{n}^{\prime}$.


Figure 79.
The resulting diagram looks like the labelled ribbon surface $F_{K}$ for some Kirby diagram $K$ with the 1-handles arranged into three lines (analogously to Figure 48, here the bands $\beta_{i}$ are deformed into the bars forming the component $B$ ), provided the link $L^{\prime}$ is vertically trivial.

Unfortunately this is not always the case. Indeed, the triviality of the braid in Figure $76(b)$ implies that $L^{\prime}$ is trivial, but not necessarily vertically trivial. On the
other hand, each single $L_{i}$ can be thought as vertically trivial, since it does not form any self-crossing. Therefore, we only need to worry about vertically separating different $L_{i}^{\prime}$ 's. To this end, let us observe that the triviality of $L^{\prime}$ is enough to construct disjoint disks $D_{1}, \ldots, D_{n}$, with the same properties as in the proof of Proposition 3.1. We can use these disks in turn to vertically separate the $L_{i}^{\prime}$ 's, just like we did there for proving the independence of $F_{K}$ from the vertical order of the components of $L^{\prime}$ (cf. Figure 52 and Figure 53).

To conclude the proof, it remains to verify that the $\alpha_{i}$ 's can be assumed to satisfy the vertical constraints prescribed in step $(e)$ of the construction of $F_{K}$. This trivial task is left to the reader.

Remark 4.4. As a consequence of Proposition 4.3, the link $L^{\prime}$ in step (b) of the construction of $F_{K}$ at page 33 can be chosen to be any trivial state (not necessarily a vertically trivial one) of the link $L$ consisting of the framed components of $K$, without losing the well-definedness of $F_{K}$ up to 4 -stabilization, ribbon moves and 1-isotopy. The reason is that, by Proposition 3.5 and the observation immediately following its proof, the resulting labelled ribbon surface $F_{K}$ does represent the same 2-deformation class of 4-dimentional 2-handlebodies as if we had chosen $L^{\prime}$ to be a vertically trivial state of $L$. Then, Propositions 4.3 and 3.3 allow us to conclude in a straigthforward way.

Moreover, also the vertical constraints imposed to the bands $\alpha_{i}$ in step (e) of the construction of $F_{K}$ at page 34 can be relaxed. In fact, it suffices to assume that the $\alpha_{i}$ 's are disjoint from any family of trivializing disks for the link $L^{\prime}$.

As an example, in Figure 80 we present the Kirby diagram $K$ and the corresponding ribbon surface $F_{K}$ for the Akbulut-Kirby 4 -sphere $\Sigma_{n}$ with $n=3$. The Kirby diagram is the same as the one drawn in figure 4 of [13], where it is shown that $\Sigma_{n}$ is diffeomorphic to $B^{4}$ for any $n$ and it is also conjectured that it is not 2-equivalent to $B^{4}$ for $n \geq 3$. In the light of Remark 4.4, since in $K$ the link $L$ is already trivial, to obtain $F_{K}$ we only need to thicken the undotted link components to (1 2)-labelled ribbons with the right framings, then replace each dotted component with a pair of parallel disks labelled by (2 3), and finally connect by disjoint bands the two (1 2)-labelled components and two of the (2 3)-labelled disks, one for each pair.


Figure 80.
At this point, we are ready to prove our first equivalence theorem. Actually, this is exclusively a matter of collecting the results we have already got.

Proof of Theorem 1. The "if" part of the theorem is a special case of Propositions 2.4. The "only if" part immediately follows from Propositions 4.2, 4.3, 3.5 and 3.3. Namely, given two labelled ribbon surfaces $F$ and $F^{\prime}$ representing 2-equivalent 4 -dimensional 2-handlebodies as branched covering of $B^{4}$ of the same degree $d \geq 4$, we can apply Propositions 4.2 and 4.3 to transform them into $d$-stabilizations of certain $F_{K}$ and $F_{K^{\prime}}$, through moves $R_{1}$ and $R_{2}$. By the "if" part of the theorem and Proposition 3.5, the two Kirby diagrams $K$ and $K^{\prime}$ are 2 -equivalent. Hence, by Proposition 3.3 $F_{K}$ and $F_{K^{\prime}}$ are related by moves $R_{1}$ and $R_{2}$.

Before of going on to prove the other equivalence theorems, let us consider the following proposition, which summarizes all we have said until now about branched covering representation of (possibly disconnected) 4-dimensional 2-handlebodies.

Proposition 4.5. The map $F \mapsto K_{F}$ induces a bijective correspondence between 4-dimensional 2-handlebodies up to 2-deformation and labelled (orientable) ribbon surfaces, representing them as simple branched coverings of $B^{4}$, up to labelling conjugation, labelled 1-isotopy, stabilization and ribbon moves $R_{1}$ and $R_{2}$. In particular, for handlebodies with $c$ connected components, the coverings can be assumed to have degree $\leq 3 c$ and two such coverings representations of 2-equivalent handlebodies can be related involving only coverings of degree $\leq 3 c+1$.

Proof. By Proposition 3.6, we already know that the correspondence in the statement is surjective, being any 4-dimensional 2-handlebody with $c$ connected components a $3 c$-fold simple covering of $B^{4}$ branched over a ribbon surface (that can be made orientable by Remark 2.7).

To prove the injectivity, let us consider two coverings representing 2-equivalent 2-handlebodies. Since 2-deformation preserves connectedness, there is a bijective correspondence between the components of the two handlebodies such that corresponding components are 2 -equivalent. Up to labelling conjugation, we can assume that the sheets of the two coverings forming the corresponding components are equally numbered. Moreover, by Proposition 4.2 and destabilization, we can reduce to 3 the maximum number of sheets for each component. Then, we can apply Theorem 1 to each pair of corresponding components in turn, leaving unchanged the other ones. In this way, if the original coverings have degree $\leq 3 c$, then all the intermediate coverings involved in relating them have degree $\leq 3 c+1$.

Having established our main result about branched covering representation of 4 -dimensional 2 -handlebodies, we pass to prove theorem 2 concerning the case when they have diffeomorphic boundaries.

Proof of Theorem 2. As we observed in the Introduction, moves $P_{ \pm}^{ \pm 1}$ and $T^{ \pm 1}$ do not change the labelled boundary link up to labelled isotopy, so that they also preserve the boundary of the covering manifold up to diffeomorphism. Thus, taking into account Theorem 1 and Proposition 1.4 (b), we only need to show that such moves can be used to interpret blowing up/down and $1 / 2$-handle trading (cf. Figure 19) for an ordinary Kirby diagram $K$ in terms of the labelled ribbon surface $F_{K}$. Without loss of generality, we can assume $K$ to be in standard form.

By definition of $F_{K}$, it is clear that moves $P_{ \pm}$obviously correspond positive and negative blowups. Figure 81 describes the sequence of moves needed in order to
replace the disks $B_{i}$ and $B_{i}^{\prime}$ corresponding to the $i$-th 1-handle of $K$ with the ribbon $A_{n+1}$ representing the new 2 -handle deriving from the trading.


Figure 81.
In Diagram (a) we have the disks $B_{i}$ and $B_{i}^{\prime}$, after we have operated on it as in Figure 51 . We perform a move $T$ and labelled 1 -isotopy respectively to obtain (b) and (c). This gives us an annulus representing the trivially framed attaching loop of the new 2 -handle. Then, we arrange the ribbon surface like in ( $d$ ), according to a vertically trivial status of the framed link, by inserting some small (2 3)-labelled disks as in 53 . Finally, we join the resulting annulus $A_{n+1}$ to $A_{0}$, by creating a new band $\alpha_{n+1}$ through a move $R_{3}$, and we restore the stabilizing disk, as we did in the proof of Proposition 3.1 by reversing the process of Figure 52 .

Our next goal is to derive Theorem 3 from Theorem 2. The crucial point here is that any simply labelled link in $S^{3}$ can be transformed through Montesinos moves into the boundary of a simply labelled ribbon surface in $B^{4}$ (see Proposition 4.7). This follows quite directly from Theorem B of [35] about liftable braids, which we state here as Lemma 4.6 after having recalled a couple of definitions.

A simply labelled braid is called a liftable braid when the two labellings at its ends coincide. By an interval we mean any braid that is conjugate to a standard generator in the braid group. Actually, to make both the terms "liftable" and "interval" meaningful, one should think of braids as self-homeomorphisms of the disk in the usual way (see [6] or [35]), but this is not relevant in the present context.

Of course, a labelled interval, as well as a standard generator, may or may not be liftable depending on the labelling. We say that a labelled interval $x$ is of type $i$ if $x^{i}$ is the first positive power of $x$ which is liftable. It is not difficult to realize that conjugation preserves interval types and that each interval is of type 1,2 or 3 (cf. Lemma 2.4 of [6] or Lemma 2.3 of [35]).

The labelled intervals $x, y$ and $z$, whose first liftable positive powers are depicted in Figure 82, are the standard models for the three types above. Namely, any labelled interval of type 1,2 or 3 is respectively a conjugate of $x^{ \pm 1}, y^{ \pm 1}$ or $z^{ \pm 1}$. Evidently, in the figure only the two non-trivial strings of each labelled braid are drawn, the other ones being just horizontal arcs with arbitrary labels. Moreover, in the labelling of each single braid, we assume that $i, j, k$ and $l$ are all different.

$x$

$y^{2}$

$z^{3}$

Figure 82.
The main result of [35] is the lemma below, which essentially says that any liftable braid is a product of conjugates of labelled braids like the ones in Figure 82.

Lemma 4.6. Any liftable braid is a product liftable powers of intervals.
We emphasize that the lemma holds without restrictions on the degree $d$ of the labelling. However, it is worth observing that the case of $d=2$ is trivial (every braid is liftable in this case), while the case of $d=3$ differs from the general one for the absence of intervals of type 2 . This special case was previously proved in [6] (cf. also [7]), but the proof of Lemma 4.6 given in [35] does not depend on [6].

The relevant consequence of Lemma 4.6 in the present context is the following branched covering counterpart of the vanishing of the oriented cobordism group $\Omega_{3}$.

Proposition 4.7. Any labelled link $L \subset S^{3}$ representing a (possibly disconnected) $d$-fold simple branched covering of $S^{3}$ is equivalent, up to labelled isotopy and moves $M_{1}$ and $M_{2}$, to the boundary of labelled ribbon surface $F \subset B^{4}$ representing a d-fold simple branched covering of $B^{4}$.

Proof. Up to labelled isotopy, we can assume that the link $L$ is the closure $\widehat{B}$ of simply labelled braid $B$ (for example, we can use the labelled version of the well known Alexander's braiding procedure). Of course, $B$ has to be a liftable braid. Then, Lemma 4.6 tells us that, up to labelled isotopy, we can think of $B$ a product of conjugates of braids like $x^{ \pm 1}, y^{ \pm 2}$ or $z^{ \pm 3}$ (see Figure 82). Since braids $y^{ \pm 2}$ and $z^{ \pm 3}$ can be obviously trivialized respectively by moves $M_{2}$ and $M_{1}^{\mp 1}$, we can reduce ourselves to the case when $B$ is a product of liftable intervals.

In this case, a simply labelled ribbon surface $F \subset B^{4}$ bounded by $L$ can be easily constructed from the band presentation of $B$ (see [40,41]) determined by its factorization into liftable intervals. Namely, we start with a disjoint union of labelled trivial disks in $B^{4}$, spanned by the labelled trivial braid obtained from $B$ by trivializing all the terms $x^{ \pm 1}$ appearing in the factorization above. Then, we attach to these disks a labelled twisted band for each such term (see Figure 30 for a simple example, where all the liftable intervals are standard generators).

Notice that the 3-dimensional diagram of the resulting surface may or may not form ribbon intersection, depending on the conjugating braids of the liftable intervals in the factorization of $B$ (cf. [40, 41]). In any case, the labelling consistency when attaching the bands is ensured by the liftability of the intervals.

Proof of Theorem 3. As we said in the Introduction, it has been known for a long time, since the early work of Montesinos, that moves $M_{1}$ and $M_{2}$ are covering moves. That is they, as well as labelled isotopy and stabilization, do not change the covering manifold up to diffeomorphism (see Section 1 for a proof of this fact). Therefore, nothing more has to be added about the "if" part of the theorem.

The "only if" part follows from Proposition 4.7 and Theorem 2, taking into account that the restriction of moves $R_{1}$ and $R_{2}$ to the boundary can be realized by moves $M_{1}$ and $M_{2}$ (see observation before of Theorem 3 in the Introduction), while moves $P_{ \pm}$and $T$ preserve the boundary up to labelled isotopy.

Let us conclude this section with the proof of our last equivalence theorem. This is Theorem 4, which extends the previous Theorem 3 to possibly non-simple coverings of $S^{3}$ branched over an embedded graph.

Proof of Theorem 4. We have already observed in Section 1 that moves $S_{1}$ and $S_{2}$ are covering moves, as they are applications of the coherent monodromies merging principle. Hence, we have only to show that they allow us to transform any labelled graph into a simply labelled link. We proceed in two subsequent steps: 1) we make the labelling simple, by performing moves $S_{1}$ on the edges; 2 ) we make the graph into a link, by performing moves $S_{2}$ on the vertices.

Let $G \subset R^{3}$ be a labelled embedded graph, endowed with a given graph structure without loops (that is every edge has distinct endpoints). We make the labelling simple, by operating on the edges of $G$ one by one. Each time, we assume, up to labelled isotopy, that the edge $e$ under consideration is not involved in any crossing. Denoting by $\sigma \in \Sigma_{d}$ the label of $e$, we consider a coherent factorizations $\sigma=\tau_{1} \ldots \tau_{k}$ into transpositions (any minimal factorization of $\sigma$ is coherent). Then, we split $e$ into $k$ edges $e_{1}, \ldots, e_{k}$ with the same endpoints, such that $e_{i}$ is labelled by $\tau_{i}$, for each $i=1, \ldots, k$. To do that, we perform $k-1$ moves $S_{1}$, which progressively isolate the traspositions $\tau_{i}$ as labels of new edges. Once all egdes of $G$ have been managed in this way, we are left with a simply labelled graph which we still denote by $G$.

Now, we operate on the vertices of $G$ one by one, in order to make $G$ into a link. Let $v$ be a vertex of $G$ and $e_{1}, \ldots, e_{h}$ be the edges of $G$ having $v$ as an endpoint, numbered according to the counterclockwise order in which they appear around $v$ in the planar diagram of $G$. Since the total monodromy $\tau_{1} \ldots \tau_{h}$ around $v$ must be trivial, $h$ must be even and the edges around $v$, can be reodered, up to labelled isotopy, in such a way that $\tau_{i}=\tau_{h-i+1}$, for every $i=1, \ldots, h / 2$. This immediately follows from the well known classification of the branched coverings of $S^{2}$, if one looks at a small 2 -sphere around $v$ transversal to $G$ (cf. [5] or [35]). Then, by $h / 2-1$ applications of move $S_{2}$, we replace the vertex $v$ by $h / 2$ non-singular vertices $v_{1}, \ldots, v_{h / 2}$, such that $v_{i}$ is a common endpoint of $e_{i}$ and $e_{h-i+1}$, for each $i=1, \ldots, h / 2$. We leave to the reader to verify that the sequence $\tau_{1}, \ldots, \tau_{h / 2}$ is coherent and that this suffices for the needed moves $S_{2}$ to be performable. Obviously, after all the singular vertices of $G$ have been replaced by non-singular ones, we are done.

## 5. Final remarks

First of all, we emphasize that the maps $F \mapsto K_{F}$ and $K \mapsto F_{K}$, introduced respectively in Sections 2 and 3 (see also Remark 4.4), give an effective way to
represent 4-dimensional 2-handlebodies up to 2-deformations as simple coverings of $B^{4}$ branched over ribbon surfaces, through generalized Kirby diagrams and Kirby calculus.

Effectiveness is preserved when passing to 3 -manifolds too. In particular, being the proof of Lemma 4.6 in [35] constructive, Proposition 4.7 and Theorem 4 (together with the map $F \mapsto K_{F}$ ) enable us to define a procedure for obtaining a surgery description of a closed orientable 3-manifold from any presention of it as a branched covering of $S^{3}$ (cf. [15] and [16] for the 3 -fold case).

Thus, it seems reasonable to expect recognition algorithms and effectively computable invariants for closed orientable 3-manifolds (cf. [27]), based on branched covering representation of them.

Secondly, we point out that our results, other than a different approach to covering moves independent on [37], [38] and [4], also provide the following new line of proof for the Hirsch-Hilden-Montesinos representation theorem: start with the Alexander theorem [3] to represent any closed oriented 3-manifold by a covering of $S^{3}$ branched over the 1 -skeleton of a 3 -simplex; make such covering simple and its branching set into link, as in the proof of Theorem 4; apply Propositions 4.7 and 4.2 in the order, to lower the degree of the covering.

Hopefully, the same ideas could be useful to make some progress in the branched covering representation of smooth closed 4 -manifolds. These are known to be 5 -fold simple coverings of $S^{4}$ branched over non-singular surfaces (see [38] and [20]), but it is an open problem whether the degree can be lowered from 5 to 4 . Moreover, any result on covering moves relating diffeomorphic coverings of $S^{4}$ is still missing. Theorem 1 together with the results of [30] could give raise to a likely approach to this problem.

Finally, we conclude with some remarks about the relation between the present work and some open problems in the topology of 4-dimensional 2-handlebodies.

A fundamental problem in 4-dimensional topology is the distinction between homeomorphism and diffeomorphism classes. The only known invariants able to detect such difference are the Donaldson and Seiberg-Witten invariants of smooth closed manifolds. These have also been used (cf. [1] and Theorem 8.3.18 in [14]) to distinguish between homeomorphic but non-diffeomeorphic 4-dimensional 2handlebodies in the cases when a standard way of closing them is available. Invariants defined directly on handlebodies and hopefully in purely topological terms are missing and auspicable.

But there is even more delicate question which naturally arises in the topology of 4 -dimensional 2-handlebodies and we have already mentioned in Section 1: is there difference between 2-equivalence classes and diffeomorphism classes? In [13] (cf. the example after Remark 4.4) Gompf conjectures that the answer is yes, and offers a list of possible counterexamples. Of course, detecting this phenomena can not rely any more on invariants of smooth manifolds as the Seiberg-Witten ones.

In [8], by using the Hennings framework, invariants of 4-dimensional 2-handlebodies under 2-deformations have been constructed, and these invariants depend on the choice of an unimodular ribbon Hopf algebra.

In the second part of this work [9] we substantially improve this construction, by showing that the map $F \rightarrow K_{F}$ between equivalence classes of ribbon surfaces
and Kirby diagrams factors through a bijective map onto the closed morphisms of a universal category $\mathcal{H}^{r}$. The objects of $\mathcal{H}^{r}$ form a free $(\otimes, 1)$-algebra on a single object $H$, and $H$ is required to be a braided ribbon Hopf algebra in $\mathcal{H}^{r}$. There is a standard procedure of "braiding" a unimodular ribbon Hopf algebra $A$ associating to it a category $\mathcal{H}_{A}$ and a functor $\mathcal{H}^{r} \rightarrow \mathcal{H}_{A}$. Therefore the invariants from [8] can be considered as particular examples of the new construction. But the result in [9] is much stronger: it actually gives a complete algebraic description of 4-dimensional 2 handlebodies and we hope that this will offer new approaches to the open problems in the 4-dimensional topology mentioned above. Moreover, in [9] the result above is used to obtain an analogous algebraic description of the boundaries of 4-dimensional 2-handlebodies, i.e. 3-dimensional manifolds, which resolves for closed manifolds the problem posed by Kerler in [21] (cf. [36, Problem 8-16 (1)]).

Actually, the present work offers yet another possible approach towards studing the difference between 2-deformations and diffeomorphisms: that is by relating it to the difference between 1 -isotopy and isotopy of ribbon surfaces.

We recall that 1-isotopy of ribbon surfaces in $B^{4}$ was derived from embedded 1-deformation of embedded 2-dimensional 1-handlebodies in $B^{4}$, by forgetting the handlebody structure. On the other hand, once one has suitably defined embedded 2 deformation of embedded 2-dimensional 2-handlebodies, isotopy of arbitrary surfaces in $B^{4}$ could be derived from it in a similar way. Then, isotopy between ribbon surfaces differs from 1-isotopy just for allowing also addition/deletion of embedded cancelling pairs of $1 / 2$-handles and 2 -handle isotopy. This isotopy may involve nonribbon intersections, such as double loops and triple points, in the diagram.

In other words, we can say that two ribbon surfaces are 1 -isotopic if and only if they are isotopic through ribbon surfaces (of course, except for a finite number of intermediate stages whose diagram is not self-tranversal). As we said in Section 1 , we do not know whether isotopy relation between ribbon surfaces coincides with 1-isotopy relation or not.

Anologously, since diffeomorphism of 4-dimensional 2-handlebodies is the same as 3 -equivalence, the difference between 2 -deformations and diffeomorphisms is in the addition/deletion of cancelling pairs of $2 / 3$-handles and 3 -handle isotopy. Moreover, the connection established in the previous sections, between labelled 1-isotopy of ribbon surfaces in $B^{4}$ and 2-deformation of 4-dimensional 2-handlebodies, through branched coverings and covering moves, can be at least partially extended. More precisely, attaching a labelled 2-handle to the branching surface $F \subset B^{4}$ corresponds to attaching a 3 -handle to the covering 4 -dimensional handlebody $H$, in such a way that any cancelling pair of $2 / 3$-handles of $H$ can be represented by a cancelling pair of labelled $1 / 2$-handles of $F$.

A good starting point for studing this problem could be the example of the Akbulut-Kirby sphere $\Sigma_{n}$ (see figure 80 for the case of $n=3$ ). The proof given in [13] of the fact that $\Sigma_{n}$ is diffeomorphic to $B^{4}$, is based exactly on the intelligent introduction of a cancelling pair of $2 / 3$-handles, changing the attaching maps by isotopy and eventually cancelling them againts other handles. It would be interesting to see if, at least in this case, these moves correspond to changing the branching surface by isotopy.

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